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Faith & Soul News Magazine

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FROM THE EDITOR



Blessings, Peace, and God's Love!

Faith & Soul News Magazine thanks God and Jesus Christ for the blessings to publish our magazine. Thanks to all the advertisers, readers and subscribers, Thanks for all the kind words, support and love. This magazine is for you!

Publisher's Pointers: FASMG encourages everyone to exercise your right to VOTE! In this issue, we had the honor to chat with Captain "Jet" Jones. We pray this article blesses you. FASMG intern Anna shares thoughts on voting and many other blessed articles and information.

FASMG thanks to all our readers and especially our advertisers. Stop and let them know you saw their ad in FASMG.

See you next issue! Go online for updates: www.faithandsoul.net, like us on fb: Faith & Soul News Magazine, follow us on twitter:@ faithandsoul

God Bless.

Melinda C. Sylvester Melinda C. Sylvester

Publisher

Faith & Soul News Magazine









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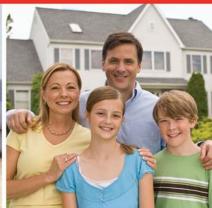
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IF YOU WERE 18 WHOM WOULD YOU VOTE FOR?

~BY ANNA OGUOMA-RICHARDS

HIS NOVEMBER Is the upcoming election and all teens are on edge to vote, but one thing is lacking in that criteria. Most of my peers are not of age, so that takes us out of the eligibility requirements. It does not stop us from putting our two cents in this election and going with either Hillary the Democratic Nominee or Trump the Republican Nominee; or even going with the Green Party candidate Jill Stein or Libertarian candidate, Gary Johnson. I went around talking to some of my amazing peers and getting their vibe and understanding who they would like to vote for and I was happy to hear their take on who they would like to reside next at the White House in Washington D.C and become the most important human being on Earth for the next four years. Many of my friends, I realized were going for Hillary mainly because the opposing candidate, Donald Trump was one they did not side with on many



FASMG Intern, Inspire to be a Writer Senior Sandy Creek High School

topics.

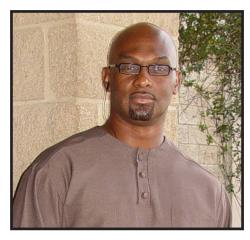
All did question a bit of Hillary's points before, but they believe that she has evolved and is open to the opinion of her fellow past candidates and influential people in her life. I did have very little peers who believed in the

Green Party candidate, Jill Stein. She had points about planning, "to help American focus less on making money for those who already have more than they need and more on helping not only the poor but, also the environment" and being able to better the lives of the Americans today. I have peers who believed Donald Trump could bring about change in the American peoples lives.

My peers had amazing points, and were knowledgeable in this area of politics and were open to sharing their views to me. They had amazing points and all wish they could quickly hit age requirement so they could vote. What is great is that they all wanted to vote and be able to join in this election, but as they are unable too, they are still shaping their minds to understand politics and can hardly wait till the next four years to vote.

FASMG SPIRITUAL PRAYERS TO THE FORD FAMILY & FANS UPDATE:

~BY MELINDA SYLVESTER



Tommy FORD from 'Martin'has died at age 52. Faith & Soul News Magazine had the blessed opportunity to meet and interview Mr. Tommy Ford, a man of many talents thanks to Mary Brown and Darrel Rosenthal. Pictured with Tommy is our girl Porsha Evans.

Tommy Ford...wow, this is a hard one to take. I

met him a few years ago to take pictures for Melinda Sylvester and gained a friend. We ate at Laura's II and in his Tommy voice said, "He ate his tale off on them turkey wings dawwgg!" He was promoting his first book and wanted me to hang out in Baton Rouge on the next day. We had a ball clowning and

laughing around. Joke on a family member saying where ya at girl!! Well Tommy, you have now finished your job and left early today. Get your rest my brother... Rest In Heaven!











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FAYETTE COUNTY NAACP PRESIDENT JOHN E. "JET" JONES

"PILOTING, PRESIDING. AND PLANNING"

~BY RENARDA WILLIAMS

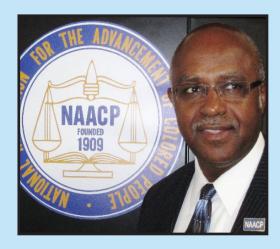


Captain John E. "Jet" Jones a pilot in the U.S. Air Force, then took the cockpit for United Airlines. Now, he is President of the Fayette County

APTIAN JOHN E. "JET" JONES achieved his ultimate goal in life when he became a pilot in the *U.S. Air Force*, then took the cockpit for *United Airlines*. Now, he is President of the *Fayette County NAACP*.

Faith and Soul recently interviewed Jones about his careers as an Air Force and commercial airline pilot; role with the NAACP; and NAACP banquet -- whose theme is "Taking Responsibility"; and his family.

Jones is no stranger to taking responsibility. He did so aptly in his own life. He grew up in a single-parent household and was financially unable to attend college after high school. But he had a plan.



"I developed an eight-year plan that involved in enlisting in the Air Force for four years to get a GI Bill to pay for my education," he said. "While I was in the Air Force, I was fortunately [able] to be put into a job where I was an aircraft mechanic." While in college, he became a flying mechanic for the Air Force Reserves.

Jones graduated from college with the experience he needed to become an Air Force pilot and served in the Air Force Reserves from 1982-96, which helped him become a commercial airline pilot.

Jones started his commercial pilot career with a small airline from 1986 to 1988. He flew for *Atlantic Southeast Airlines*, commonly know as ASA Airlines, then moved on from there to *United Airlines* in 1988.

He stated being the captain at a major commercial airlines is like being the CEO of a multi-million dollar aircraft with full authority to safely move that

A to point Z.

"The fact that you have the best seat to see many parts of the world and get paid well to do it is indeed a blessing. The most rewarding flying was my nine trips to Africa where I explored Accra, Ghana and the slave dungeons in Cape Coast. It was truly like going home," he said.

Jones stated he encourage youth to pursue a career as a pilot, only if they have a serious passion for flying. "Most of all, I encourage setting a goal to own an airline or other business of interest and employ others," he said.

As President of Fayette County NAACP, he has gained an appreciation for helping to empower the black community, such as: talking responsibility, which encompasses everything from helping one another to finding work for one's self and others to being a village for one's neighborhood's children.

Jones said his wife Alice is involved

heavily in mentoring youth in the *NAACP Youth Council*. "She does an excellent job with that She is very enthusiastic about teaching them about the law, helping them get scholarships, letting them know what kind of opportunities that are out there and available to them.

Jones said the Fayette County Branch, *NAACP Banquet* is set for October 29th at the *Wyndham Peachtree City, Georgia* from 6-11pm. He said the banquet is an annual fundraiser to raise funds to pay for civil rights advocacy and confronting racism.

"The banquet theme is 'TAKING RESPONSIBILITY' which is a serious challenge to citizens to embrace the responsibility for things under their control like voting responsibly, educating themselves and their families about issues, taking care of themselves, being active NAACP members and serving their community wherever they can and avoid blaming others," Jones said.



John E. Jones, Wife Alice for 21 years. 3 sons and 5 grandchildren.

Jones has been married to Alice for 21 years. They have 3 adult sons and 5 grandchildren.



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by Chandra Winford

hristmas is the time of year where you enjoy spending time with family and friends. It is also the season of giving where some people get into debt or go deeper into debt trying to buy gifts for others. Everyone likes the feeling of giving and putting a smile on the face of others. So here are some financial tips to assist you with giving without getting into debt.



- Make a list of everyone for whom you would like to get a gift. Once the list is complete, do not add people just because they bought you a gift. If this happens, give that person a thank you note and you can add them to your list for next year but not this year.
- Put the amount you want to spend next to each person's name.
- Add up the amount of money needed in order to get a gift for everyone on your list.
- Count the number of weeks or times you will get paid before Christmas.
- Divide that number into the amount of money needed.
 This will give you the amount of money you need to put aside each week or payday to have the necessary funds.
- 6. If this amount is more than you can put aside, go back and reduce the number of people on your list and/or the amount of funds you will spend for each person.

- Use the reward points from your credit/debit cards to get gift cards for people on your list.
- 2. Use airline, hotel and rental car points to give certificates for gifts.
- Start looking now for sales on items you want to purchase. Since you are putting the money aside now, you will have the funds to get items early.
- Craft shows are a great place to find unique and inexpensive gifts.
- 5. Toy/major department stores are now accepting Christmas layaways. If you have kids, this is a great way to get the gifts that they want and pay for them with the funds you are setting aside. If an item is on sale when you take it out of layaway, you can get the sales price and you do not have to worry that the toy your child wants is out of stock if you had waited until the last minute.

Hot Chili To Keep You Warm On A

by Melinda Sylvester

Here is an easy recipe for making chili for a hearty meal on a cold winter's day!

This meal will serve six to eight people.

1. Brown one onion and one bell pepper in a medium pot



2. Season the ground meat to your taste with salt, paprika, red pepper and black pepper and add the fresh, seasoned ground meat into the pot and cook until brown



3. Cook two cans of tomato sauce in another medium pot



4. Pour cooked tomato sauce into pot with cooked seasoned ground meat



5. Season with chili powder



- 6. Add hot peppers, if you desire
- 7. Serve hot

Ingredients

Onion	one	diced
Bell pepper	one	chopped
Ground meat	3-5 lbs	(beef or turkey)
Tomato sauce	2 cans	
Salt		
Paprika		
Red pepper		
Black pepper		
Chili powder		
Hot peppers		

Alternative Healthy Chili

And for those concerned about their health, here are two optional items that you can use replace for the original ingredients:

- 1. Instead of beef, use ground turkey meat
- 2. Replace the salt used in the original recipe with Mrs. Dash Salt-Free Season

Enjoy with Baked Lays or chips of your choice. •

GEORGIA GREATER BLACK CHAMBER OF COMMERCE

"GRAND OPENING"



Party Party Grand Opening Store.

Georgia Greater Black Chamber of Commerce Melinda & Clarence Sylvester and Ruth Anazi were at Party Party Grand Opening today! Thanks to Ms. Tracey Williams for taking a few good shots. Kudos to Cherise and Maurice Mays, Party Party store has something for every Party. There is No Party like Party Party!

Grand Opening going on now! Stop By Today: Togwatee Village1240 Highway 54 West Suite 702 Fayetteville, GA 30214Across from Piedmont Hospital on Hwy. 54.





Melinda Sylvester and Ruth Anaz



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Networking Social: 6:00 p.m. / Event begins at 6:30 p.m. 105 McIntosh Crossing ~ Fayetteville, GA 30214 (678) 922-9892

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Celebrating Our Mother Theresa Calais 78 th Birthday.



Theresa Calais, family and Mayor Ed Johnson and his wife Dr. Vanessa Johnson.



elebrating Our Mother Theresa and east coast, but found Fayetteville you All, to be a special place for her birthday celebration.

Mom Theresa Calais 78th bday. Our it going on. lol mom takes pictures on her new smart phone. Living and Loving Life at 78; God is Great! We Love our mom & Grandmothers we encourage you to mommie.

My family and mom thanks Mayor Ed Celebrating Our Mother Theresa Johnson and his lovely wife Dr. Vanessa Calais 78th Birthday. Our mom Johnson for that special Birthday wanted to celebrate her 78th birth- Proclamation Presentation. Thanks for day in Fayetteville, Georgia. Now this all who drove from Louisiana and other young lady has traveled both the west parts of the Metro Atlanta area, We love

FB family we thank you, my mom's 78th bday was super special. Our mom Our mom has her own fb page: My posting her first fb post; Young lady have

> We love our mom & mommie! learn technology; keep up with those precious grandkids.



NATIONAL SCENE



"TWO PERSPECTIVES"

FASM National Democratic Convention

~ By Leonard Presberg







L I watched our leaders - speak about themselves, America, and about Hillary. They all embody the type of leader I try to be: someone who gets up in the morning and works to make my family, my community and my country better through love, listening and treating every person with respect. Sometimes succeeding, sometimes failing but no matter what getting up and doing it all again tomorrow."

As a local elected official, I have so much respect for Clinton and Kaine and their approach to public service and governing. "Do all the good you can, by all the means you can. In all the ways you can. In all the places you can. At all and Hillary bumper stickers.

the times you can. To all the people you can. As long as ever you can." And do that by listening to people, empathizing, working, and compromising with them.

Highlights included: Bill and (Consider the alternative, the choice Chelsea talking about their family, Hillary's spectacular speech, hearing from Bernie, Elizabeth, Cory, Michelle, Joe, the Moms, Barack, Tim, Rev. Barber and so many others, and meeting so many great people from Georgia and across the country.

This is the first Presidential elecover my choice. I spent months, using my role as county chair as cover, struggling. I might be the only person whose car has both Bernie

When I got to the ballot box I ultimately decided to vote for Hillary and ran as a pledged delegate for her. This week's experience convinced me "I am sure #IMWITHHER."

seems like a "no brainer.")

Hillary is the better candidate. She will, as she's done her whole life, work to make all of our lives better. Sometimes she'll make mistakes, but she'll always try her best. And that's what we should all strive for.

Get involved with the Fayette tion in my lifetime that I agonized County Democratic Committee and also help local candidates.

FASM National Republican Convention



reetings Tyrone K. Jones, Sr. Chairman of the Fayette County Republican Party. Our RNC Convention in Cleveland, Ohio was a spectacular event and an amazing display of patriotism and love of country.

The Republican National Committee focused on the issues of our time. There was

minimal controversy, pomp and circumstance and pageantry unlike in Philadelphia where there were unicorns in the garden and pixie dust in the air. This convention was about truth and honesty; it was about the failed policies of the last seven and a half years; it was about having the courage to tell those who threaten our way of life that we will defend ourselves against all enemies, foreign and domestic; and last but not least it was about letting all Americans know that their lives matter...that "all lives matter". As Ronald Reagan so aptly stated: "there is no left or right, there is only an up or down".

This election in November will be a defining moment for the future of America for generations to come. The empty promises and lack of accountability must come to an end. It is imperative that we get back to Constitutional governance. It's time for "real change" and the GOP will deliver. We are the "G-O-P" and we will restore Growth, Opportunity and Prosperity.

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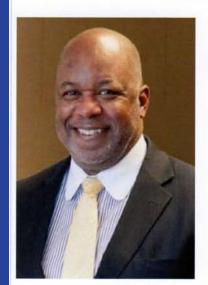
Rasheed "BJ" Dawodu





Fayette County Branch NAACP 19th Annual Freedom Fund Banquet Theme

"TAKING RESPONSIBILITY"



Keynote Speaker Atlanta Regional Commission Executive Director

Doug Hooker

Entertainment Trumpeter

Milkshake Mayfield

October 29, 2016 6:00-11:00pm

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