December 2018 / January 2019 Vol 14 Philippians 4:4 (KJV) 4 Rejoice in the Lord always: and again I say, Rejoice.

Faith & Soul News Magazine —

Refreshing the Mind, Body and Spirit!





STAFF

FAITH & SOUL EDITORIAL STAFF

www.faithandsoul.com www.faithandsoul.net

PUBLISHER
MelindaSYLVESTER

CREATIVE DIRECTOR AND DESIGNERJayBURSKY

SENIOR EDITOR

DorothyPotter**SNYDER**

EDITOR / SENIOR WRITER RenardaWILLIAMS

SENIOR EDITORS

Dr.Farooq**KPEROGI**, Melissa**O'NEAL**

BACKUP EDITOR

Crystal STAGG - CLAY TONState UNIVERSITY

CONTRIBUTING WRITERS NancyLEWIS

CONTRIBUTING EDITORS

DRMorceaseBEASLEY, JadaDAWKINS, RochelleDENNIS, KatrinaHOLLOWAY, CrystalBlackMILLS, KellyPETTY, ChairmanJeffreyTURNER PHOTOGRAPHER
DarrelROSENTHAL, ROME

ADVERTISING SALES Email:INFO@FAITHANDSOUL.NET Phone: 770-412-2331

GENERAL INQUIRIES Phone:866-919-6275

WWW.FAITHANDSOUL.COM, WWW.FAITHANDSOUL.NET, FACEBOOK.COM/FAITHANDSOUL, TWITTER@FAITHANDSOUL

INDEPENDENCE

Faith & Soul News Magazine is a published by Tel-Mel Media and Publishing, LLC for the communities of Fayetteville, Georgia and Lafayette, Louisiana. The words "Faith & Soul" and the "Faith & Soul" logo are registered trademarks of Tel-Mel Media and Publishing, LLC.

Advertise or Subscribe to Faith & Soul News Magazine by visiting: www.faithandsoul.net All due care is taken in compiling the contents of the magazine but the publisher, staff and contributors cannot be held responsible for any effects arising therefrom. Reasonable care is taken when accepting advertisements but no responsibility can be taken for any resulting transactions. Article manuscripts, illustrations and/or photographs can be submitted either via United States Postal Service or digitally through appropriate electronic transfer. The publisher assumes no responsibility for unsolicited materials. Copyright © 2015-2018 by Tel-Mel Media and Publishing, LLC. All rights reserved under international and Pan American Copyright Conventions. Reproduction in whole or in part without written permission of the publisher is strictly prohibited. PRINTED IN USA.



May 7. 2018 Diwali May 22, 2018 Thanksgiving Hanukkah Dec 3. 2018 Christmas Eve Dec 24, 2018 Christmas Day Dec 25, 2018 Kwanzaa Dec 26, 2018 New Year's Eve Dec 31, 2018 New Year's Day Jan 1, 2019



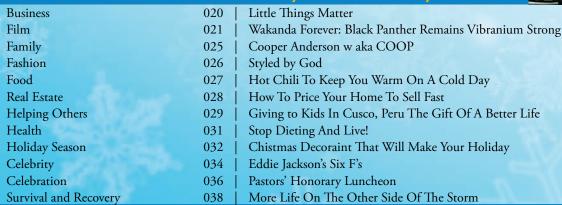


CONTENTS

This Issue's Stories

Sister Cities 006 Fayetteville, Georgia and Lafayette, Lousisana's Mayors Speak
Education 008 De. Morcease Beasley: "Lean On Him" and Believe
Celebration 010 The Second Annual Chairman Turner's International Ball
Seniors 012 Sizzling Senior: FSMAG Highlights Seniors Who Are Sizzling
Education 014 Community Profile: Dr. Thomas J. Hynes, Jr.
Celebration 015 GRAB, Inc, and Sponsors Host Awards Night

Cover Story 016 | But God: The Faith and Rise of Shelley "Butch" Anthony, III



This Issue's Advertisers

HOPE Funerals	004 dr Photography	025 Fountainebleau Park	039
HOPE Banquet	004 Christians in Action	030 Custom Faith Baskets	040
Stellar Awards	024 Chapman Accounting	034	
Hoffman Tire Pros	024 H Criper Funeral	035	

Let Us at Faith & Soul
Magazine be the First to Wish
You a Happy and Healthy
Holiday Season!



H©PE FUNERALS 770-461-9222

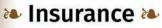




Shipping

165 Carnegie Place Fayetteville GA 30214

15 AB



Pet Loss *

www.hopefunerals.com



Hope and Gwen Ellison

Weddings

Reunions

Repasts

990 Pointe South Pkwy Jonesboro, *S*éorgia 30238 Parties

Banquets

Quinceaneras

www.hopebanquets.com



MELINDA'S NOTES

Jesus Is Our Reason to Celebrate This Season! Acts 20:35

I have shewed you all things, how that so labouring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive.

aith & Soul News Magazine is extremely humble and honored to serve you our readers, our advertisers and the two wonderful communities / states. Kudos to the FASMG Team! The entire staff worked hard to publish this special issue.

FASMG cover Man of God: Mr. Shelley "Butch" Anthony, III Founder of This Is It! BBQ & Seafood and Book Author: "God Has A Plan For The Underdog". You will read about his Trials and Triumphs; Standing on the scripture: Deuteronomy 1:8: "Go and posses the land I have set before thee. "Keeping the Faith, Family, Food, Fun and Forever."

This FASMG issue is very special; we get to publish two great Sister Cities: Lafayette, Louisiana and Fayetteville, Georgia. Let's call them FASMG's "First Love" and "New Love". You never forget your "First Love" and nothing sweeter than your "New Love". Both Cities have allowed FASMG to reach new levels in the publishing space.

FASMG encourages "Unity in God's Love" to make our families, communities, states, country and world better! One thing for sure; we have more in common than not in common: "Great Healthcare for our families, Great Schools for our children, Great Paying Careers, Great Business Opportunities, Safer Communities and more.

This is the Season of Giving and Resolution. Around this time of year I think of Aaron Childree's song, *A Reason To Give*. Here are a few FASMG Publisher's God Gift Giving Ideas:

- > Spend \$10, \$50, \$100 or \$1,000 less on big box store gifts,
- Make a donation to those who are rebuilding from hurricanes and suffering from California fires,



- ➤ Adopt or foster parent a child,
- ➤ Adopt a pet,
- ➤ Visit nursing homes and those incarcerated,
- ➤ Visit or call a relative you have not heard from in awhile,
- ➤ Take your family to church and share memorable times with family,
- Create a legacy Journal and share your talents and gifts with others,
- ➤ Take control of your health and the ones you love,
- ➤ Smile, say kind gestures frequently... Thank You, You Are Welcome and how about: "I Love You"!

FASMG wishes you and your family; Happy Diwali, Happy Thanksgiving, a Merry Christmas, Happy New Year, Happy Hanukkah, Happy Kwanza and a Happy Life in 2019!

Whatever you celebrate, celebrate in God's Love.

Enjoy Reading this special FASMG issue! We are so blessed to serve you!

Blessings, Peace and God's Love,

Melinda C. Sylvester, Publisher prester

Fayetteville: Georgia's No Longer "Best-Kept Secret"

by Dr. Farooq Kperogi photo submitted by Mayor Ed Johnson, Jr.



For years, the city of Fayetteville, located only a few miles from downtown Atlanta and close to the Hartsfield-Jackson International Airport, had been Georgia's "best-kept secret." No more. The city's major, Mr. Edward J. Johnson Jr., told Faith & Soul Magazine that his city's reputation as a magnet for families who desire high educational standards, low crime, and low residential density while enjoying close proximity to downtown Atlanta and even closer proximity to the world's busiest airport got out by word of mouth and caused the city to grow exponentially.

"Now, more than 18,000 people call the city of Fayetteville 'home,' and scores of thousands more shop, dine and work here," Mayor Johnson said. "Even so, we are still known for our high educational standards, low crime and high overall quality of life."

He pointed out that the city has even more room for growth and insisted that it has more land for development than Peachtree City, Fayetteville's neighboring city. The vastness and promise of the city attracted the London-based Pinewood Studios to set up shop there. "They visited and surveyed Fayette County and identified land that was eventually annexed into Fayetteville so we could provide the needed infrastructure," he said. "The Fayette County Board of Commissioners and the Fayetteville City Council entered into an agreement to provide incentives for Pinewood Studios to build a state-of-the-art sound stage and once the construction was achieved with exceptional results, the growth and development of Pinewoods Atlanta became a win-win for all involved."

The building of the newest campus of Pinewood Studios in Fayetteville, Mayor Johnson said, has triggered more housing demand in the city and the surrounding area. "Chick-fil-A CEO Dan Cathy is answering some of that demand with his new Pinewood Forest mixed-use project across the street from the studios, but other investors and developers have arrived on the scene as well to offer the kinds of housing and amenities people are looking for in the area," he said.

Mayor Johnson disclosed that the City of Fayetteville is stepping up to the plate and leading the way toward a downtown redevelopment project that will provide more public green space, parks, and other amenities while giving the city a greater "sense of place" by building a new City Hall and renovating key parts of the downtown area. "We believe this will not only satisfy the city's need to accommodate a growing staff, but it will also set the tone and encourage private development to keep the ball rolling in the right direction," he said.

Although Mayor Johnson, a New Orleans, Louisiana, native, is a Democrat, he leads a deeply Republican city. He said he initially faced some challenge convincing residents of the city that he had what it took to lead it. "I had to convince a large majority of the Fayetteville population that I had the leadership skills and the abilities to represent the interests of all citizens of Fayetteville," he said. "This was achieved by me presenting myself as a highly qualified patriot and servant leader proven through my many successful years as a U.S. Navy Officer."

With his election first as a city councilman for Fayetteville in 2011, Mayor Johnson became the first African American to be elected to a government office in Fayette County. His success as a city councilman inspired him to want to serve in a greater leadership role, so he ran for mayor in the 2015 mayoral election and won.

Mayor Johnson said his challenge is to maintain the high quality of life generations of families have come to expect in Fayetteville and to foster "smart growth" in the city. "That doesn't happen by accident, and that's why city leaders have worked together with the community to come up with the action found in this Strategic Plan," he said.

As a Louisiana native, Mayor Johnson said he has visited Lafayette, Louisiana, Fayetteville's sister city, but not while he is mayor. I am a native son of New Orleans, Louisiana and I am therefore familiar with Lafayette, Louisiana. "I am impressed with the economic development that has occurred in Lafayette and I look forward to visiting the city in the near future to cultivate a relationship with its leadership to share ideas and cultural norms," he said.

Lafayette: City of "Innovation With an Accent"

by Dr. Farooq Kperogi photo submitted by Mayor-President Joel Robideaux



Lafayette, southwest Louisiana's major city and heart of the Cajun and Creole country, has an international reputation as the home of hospitality, cuisine, music, and authentic culture. The city's two largest music festivals, Festival International and Festival Acadiens et Creoles, draw artists and attendees from all corners of the world for the art, food, music and its Francophone heritage.

The Acadiana Center for the Arts, featuring one of the finest, intimate theaters in the country, is a world-renowned education center as a Kennedy Center Partner. The city has also been named as a "Best Food" city by Southern Living Magazine and Rand McNally/USA. Its local chefs put an inventive spin on time-honored recipes with the freshest local ingredients, including some the freshest seafood in Louisiana. Just this past summer, local chef Ryan Trahan was crowned the 2018 King of

Louisiana Seafood and the winner of the Great American Seafood cook-off with his cracklin-crusted red snapper.

But there is so much more to the city than that. It has also been adjudged America's happiest city and home of technological innovation. "In Lafayette, we're known for our 'innovation with an accent'. Our culture coupled with our technological strength and infrastructure makes Lafayette a very attractive place to live, work and play," said Mayor-President of Layette Joel Robideaux.

Mayor-President Robideaux told Faith and Soul Magazine that Lafayette's reputation as a city of arts and culture, which has earned its homegrown musicians more than 100 Grammy nominations, tends to eclipse its strides in cutting-edge technology. "Our municipally-owned10 Gig-to-the-home fiber network is just one example," he said. "Lafayette's small-town-feel with big city amenities, such as our fiber infrastructure, has proven to be attractive to residents, businesses and film production companies alike."

Robideaux, father of three and threeterm Louisiana House of Representatives member, said although Lafayette's thriving culture and innovative technology make it an attractive city to live and raise a family and for companies to invest in, it is not without its challenges.

He said the death of decorated Lafayette native Cpl. Middlebrook in the line of duty on October 1, 2017 shook the city. "It had been nearly 50 years since a local law enforcement officer had been killed in the line of duty, and that was evidenced by our untested policies and procedures to support the surviving family members," Mayor-President Robideaux said. "Understandably, it was an incredibly trying time of grief coupled with the difficulty of navigating benefits."

The city honored Cpl. Middlebrook's and five other fallen officers from Lafayette with a Wall of Honor memorializing their

ultimate sacrifice.

He also said eight months into his term, a historic flood swept through Lafayette that resulted in the second worst recorded flood in the city's history. "At one point, the temporary shelter housed 300 displace residents and in all, we issued nearly 2,000 flood damage permits," he said. "Since then, we have worked with citizens and the development community to look at building in innovative ways to make us less vulnerable to future events. We have engaged in public-private partnerships with the federal government and renowned planning experts to gain valuable, technical knowledge on resilient approaches to water management."

Robideaux said Lafayette is on the cusp of becoming "a Smart City." Since taking office, he said, his administration has pursued strategic, forward-thinking initiatives to make this happen. "We've worked to leverage Lafayette's human talent and fiber optic infrastructure for the betterment of citizens and we have turned to innovative approaches to enhance government's ability to operate effectively and efficiently," he said. "As an original USIgnite gig city, Lafayette will continue to carry this torch in pursuit of technologies that will ultimately make us a safer, more connected and livable community for future generations."

He pointed out that Lafayette has "the fastest internet service in the world" and that the city's fiber infrastructure serves as a major attraction for landing new tech companies from across the globe. "Our own University of Louisiana, as a national research university with significant contributions in the world of computer science engineering, is key contributor to our international reputation," he said.

Lafayette, Louisiana, and Fayetteville, Georgia, are sister cities. Mayor Robideaux said he hasn't had a chance to visit Fayetteville, Georgia, yet but that he looked forward to it. ◀

Dr. Morcease Beasley: "Lean On Him" And Believe

by Melinda Sylvester photos submitted by Clayton County Public School System

FASMG Publisher Melinda Sylvester recently sat down for a conversation with Dr. Morcease J. Beasley, Superintendent and CEO of Clayton County Public Schools. Superintendent Beasley spoke with passion about his assignment.

FASMG: Who is Dr. Beasley?

Morcease Beasley: I am Morcease J. Beasley, the son of Samantha Beasley, who is in heaven, son of William Beasley, who lives in South Carolina, my dad. The grandson of Ola Skanes, my grandmother, who helped raise me. The husband of Lavern Beasley, my wife of 27 years, the father of four children, Julieasea, the oldest, Jessica, my youngest girl, and my twin boys, Justin and Jehlon. I am an individual who has grown up in the church, a Christian, was a youth pastor, started a church in my early twenties, many years ago, and now an educator. I believe that not only being in ministry but also an





educator, truly defines who I am as well.

I started, after college, as a high school math teacher. After working as a high school math teacher, I matriculated into the administration serving as an Assistant Principal in Birmingham, Alabama, and eventually the principal of the high school I graduated from. I was so pleased we were able to improve that high school under my first principal, Mr. Mallery Colts, one of my mentors and a critical part of the foundation to the success and the journey I have been experiencing as an educator. I was principal there and eventually we opened up a new high school in Birmingham, the first one in 30 years. The George Washington Carver High School of Health Professions, Engineering and Technology—We improved that school and I was eventually asked to be Principal of Huffman High School in Birmingham,

the largest high school in Birmingham. We improved that school as well while only being there within a year. After that, I decided to move to the Atlanta area. Then I was appointed principal of Stephenson High School in DeKalb County Public Schools, the largest high school in DeKalb County at that time.

In my fifth year as principal of Stephenson High School, I decided to take an opportunity in Texas to be a Deputy Superintendent for a Curriculum, Instruction and School Leadership, and was able to work with my Superintendent, Dr. Johnny E. Brown, who is also one of my mentors now and the one who hired me before he became my mentor to be a principal/administrator in Birmingham and then again in DeKalb. Dr. Brown hired me to be Deputy Superintendent in Port Arthur, Texas. I did that for almost three

years. We saw nothing but improvement there. I returned back to DeKalb to Columbia High School, stayed there one year, and was promoted to Deputy of Superintendent of Teaching and Learning in DeKalb County Public School Systems, which is the third largest in the state of Georgia, in the one 100 top largest districts in the nation.

I served in DeKalb County School System in various roles leading teaching and learning under several Superintendents, until I decided it was time to spread my

wings again and fly and come to Clayton County Public Schools. I landed here as the Chief Improvement School Officer under the Superintendent, Ms. Luvenia Jackson, who had been Superintendent about five plus years. In my first year Ms. Jackson was in retirement [the board had brought her out of retirement to serve in her current capacity] and the board decided they were ready to hire another superintendent, and I tossed with putting my name in the hat. I waited until the very last day, and if I had not put my name in

the hat that day I would have missed the opportunity.

Well, on May 8, 2017, I was voted unanimously to serve as the Superintendent of Clayton County Public Schools. That's after many years of applying to be a superintendent, but serving diligently in the roles I have been in to improve schools. Always working collaboratively to improve the outcomes of all children, improving math scores, reading scores, Advanced Placement outcomes, SAT scores, ACT scores, increasing the number of children in honors and gifted programs, increasing parent participation and engagement, increasing employee morale, increasing attendance, improving discipline, etc. We have been blessed to approach this work competently and systemically in order to accelerate outcomes in the positions we have been in.

This is my second year as superintendent, here in Clayton County. I am pleased to share that our indicators are showing that we are improving. We are going in the right direction. We have work to do. We have about 60% of our children reading on or above grade level so we've got work to do. Employee morale is up and attendance is improving. The graduation rate is now over 70% with all 11 regular high schools above 70% and 7 out of the 11 regular high schools above 80%. Two of the 7 above 80% have a graduation rate of 100%. We are on the journey to high performance.



Dr. Morcease J. Beasley in front of the Clayton County Public Schools Board of Education Building

Much Is Given, Much Is Required:

The Second Annual Chairman Turner's International Ball

by Melinda Sylvester
photos submitted by The Chairman Turner's International Ball

FASMG had a conversation with Clayton County Board of Commissioners Chairman Jeffrey E. Turner and the Founder & Executive Director of Motherless Daughters Foundation Rasslyn Rawls-Willis about The Chairman Turner's International Ball that was held on Saturday, October 6, 2018.

Chairman Turner, as most people know him, serves Clayton County with pride and passion. He believes in the biblical saying that to whom much is given much is required. Born in Germany and raised in a military family, Chairman Turner had the opportunity to experience diversity first hand. Prior to becoming the Chairman of the Clayton County Board of Commissioners, Turner was the first African American Police Chief of the Clayton County Police Department. He later went on to serve as the Director of the Clayton County Regional Police Academy.

Clayton County is home to numerous nationalities and international businesses with over 60 languages spoken. Chairman's passion for Clayton County's nonprofit community and his love of diversity led him to create the International Ball which celebrates the rich heritage and cultural diversity of Clayton County.

"My whole purpose for running for Clayton County Commissioner Chair was to make a difference in Clayton County," Chairman Turner said. "I am only the second African American to hold this post. Politics is one thing, but what are you going to do to make a difference in someone else's life is another. We ensure this office takes what is given and returns back to the community we serve. We assisted CASA, a great organization that helps children in abused homes among other things they do. We also assisted 'Kids Raised by Grandparents'. More and more Grandparents are finding themselves raising their grandchildren. Some are doing that on fixed and very limited income."





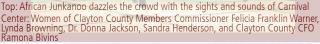
Top: The Flamenco Dancers are from Spain Bottom: Women of Clayton County Members Salima Lankford, Lynda Browning and Ramona Bivins











Bottom: Éirinn go Brách with the Kavanagh Irish Porter Dancers



Top: The beat of Africa with the African Drum Ensemble Bottom: Chairman Jeffrey E. Turner and wife Darlene Turner present a check for \$19K to Rasslyn Willis, Executive Director of Motherless Daughters Foundation



Held annually each fall, proceeds from Chairman Turner's International Ball go to support a Clayton County nonprofit. Though the Clayton County Commissioner Block Grant gives away \$2M annually to Clayton County nonprofits, proceeds from the International Ball supports a nonprofit that does not receive Block Grant funds.

"There are so many great organizations that are doing extraordinary things, that don't get an opportunity to be recipients of the block grant," Turner said. In it's 2017 inaugural year, the International Ball raised over \$10,000 to support Gigi's House, a home for victims of human trafficking. The Motherless Daughters Foundation is the 2018 recipient of the proceeds from the International Ball. "This is the important purpose of the Chairman's International Ball. It helps organizations like the Motherless Daughters Foundation receive funding to continue their mission in Clayton County."

Motherless Daughter's Foundation (MDF) is a mentoring program that offers year-round support so that girls can become empowered to embrace every aspect of adolescent life and motivate them to succeed in spite of challenging circumstances. They will expand their program to Clayton County this fall.

"As a hair salon owner and stylist, I came across many young girls who didn't have their mother in their life or their mother's were absent due to mental illness, generational issues, or just not being able to connect the dots. Motherless Daughters Foundation fills the gap by helping the girls choose a college, teaching soft skills and healthy decision-making. What you don't know, you can't teach, said Willis."

Held on Saturday, October 6, 2018, at the Georgia International Convention Center, nearly 300 guests enjoyed international food, cultural presentations and danced to live music representing the ethnic diversity of Clayton County.

It is truly Chairman Turner's desire to give back to his community. Said Turner, "After all expenses are paid, all money raised supports the Motherless Daughters Foundation." Chairman Turner's International Ball raised over \$19,000 to support the expansion of the Motherless Daughters Foundation to Clayton County. ◀

For more information on Chairman Turner's International ball visit, https://www.chairmanturnersball.org. For more information on the Motherless Daughters Foundation, visit www. motherlessdaughtersfoundation.com.

Sizzling Seniors Who Are

Still Sizzling

by Melinda Sylvester and Melissa O'Neal photos by Tel-Mel Media and Publishing Co., LLC

ASMG's First Sizzling ◀ Senior is our Beloved Mom. Most call her "Our Mother Theresa". Theresa Charles Calais, born September 15, 1938 in St. John / St. Martinville. She is the widow of Walter Calais and mother of four children: Clayton Charles (deceased), Helena Joseph, Melinda Sylvester, stepdaughter Linda Sellers, great-nephew Leander Gerard. She is the most beloved grandmother of 12 grandchildren and four great grandchildren.

This Sizzling Senior spends her retirement days cooking for her homebound neighbors. She provides them homecooked food with homemade desserts every Sunday and for holidays. Not only does she give them a good hot meal, she serves it with care. Her passion is to be a servant of God. She is an awesome and remarkable role model to her children and everyone who comes in contact with her spirit. Her children grew up seeing and watching their Mother caring for sick and people who fell on hard times. Her children followed their mother's footsteps and, in their capacities and careers, they have chosen to be servants

and make a difference on their jobs and in communities. "Our Mother is loving, caring and an encourager! We are blessed to have seen this example in our lives," expressed her children.

Although Calais recently turned 80, her energy and spirit are much younger. For her birthday, she chose travel to New Orleans and celebrate on the River Cruise for lunch. Then, the cutting of the cake celebration was the next day. Family and friends joined our "Mother Theresa". Notre Dame Church Choir soloist- singer, Melissa Morris, lead in the "Happy Birthday" song and followed with "Mother I Want You To Know." Her request was everyone join in and sing "Thank You Lord." It was a spiritual birthday revival as the guests were tearyeyed.

We are thankful to God to celebrate our Mother's 80th birthday and wish her many more happy and healthy years to come.

WORDS OF WISDOM FROM THERESA CALAIS

I truly trust and depend on God. Life can have many turn arounds, up and downs.



Top (from left to right): Liz, Melinda Sylvester and Our Mother Theresa





Left: "Our Mother Theresa" (center with cap) and her family on Riverboat Cruise in New Orleans

Right: "Our Mother Theresa" and her Great Granddaughter Laila celebrating their birthdays on the same date - September 15



A RESOLUTION

To commend Theresa Calais on the occasion of her eightieth birthday.

WHEREAS, Theresa Charles Calais was born on September 15, 1938, in St. Martinville to parents Claudia and Corel Charles; and

WHEREAS, she was married to Walter Calais for ten years; and

WHEREAS, her pride is her family, including her children Clayton Charles, Helena Charles Joseph, Melinda Calais Sylvester, stepdaughter Linda Calais Bruno Sellers, greatnephew Leander Gerard, and twelve grandchildren, and four great grandchildren; and

WHEREAS, Theresa Calais attends her church, Notre Dame, and serves God, her family, her community and others; and

WHEREAS, cooking especially baking homemade cakes and pies is her favorite activity as well as traveling, reading, talking on the phone, and watching ministry on television; and

WHEREAS, she cooks for her inbound neighbors every Sunday and holidays, provides gifts and funds for the nursing home bingo in St. Martinville, and is an awesome Prayer Warrior and Caretaker of family and friends and community; and

WHEREAS, a loving and caring person and encourager, she is a remarkable role model to her children and family and those who encounter with her spirit; and

WHEREAS, a loving mother, grandmother, and great-grandmother, Thereas Calais merits a special measure of commendation and recognition for the tremendous pride and honor that she brings to all who know and love her.

THEREFORE, BE IT RESOLVED that Theresa Calais is hereby commended upon the celebration of her eightieth birthday; the extraordinary life she has lived in the eight decades since her birth is hereby recognized; and every good wish for health and happiness in the years to come is hereby extended to her.

Senator Fred H. Mills, Jr. District 22



But, when you put your trust in God, you will always be all right. I've been faced with challenges but chose not to dwell on it. I don't look to blame others for shortcomings. I believe when you forgive others, you heal yourself through God's word and you are able to let go and move on. My Joy has always been walking with Jesus, the more I served others the better I was able to overcome challenges. Losing my son in a work accident was not easy and so many family members that I was close to. There is no magic in healing, we all heal different. For me, it was serving others and doing God's will. The scripture that comes to mind, should a neighbor need bread, don't just say I will pray for you and you have the bread, give them the bread, and yes, do pray for them.

A Virtuous Woman: Her Children Call Her Blessed

- Proverbs 31



Community

Profile: Dr. Thomas J. Hynes, Jr., President of Clayton State University

1. Who is Dr. Hynes?

I am the president of Clayton State University, a higher-education institution located in the south metro Atlanta area serving more than 7,000 students. I am a first-generation college graduate, as well as a persistent runner, having completed 26 marathons and 20 Peachtree Road Races.

In 2010, I was selected to serve as Clayton State University's fourth president and have advanced as institutional values transparency, strategic thinking, and collaboration in my approach to transforming higher education.

I am grateful to have been recognized as a community leader and educator. I was named 11 times by the Atlanta Business Chronicle among the Leaders in Atlanta Education. I have also been named by Georgia Trend as one of the 100 Most Influential Georgians for 2015, 2016, 2017, and 2018

2. What are the responsibilities of a President of Clayton State University? As president, I am charged with advancing the vision for the university. At the forefront of this vision, is positioning Clayton State as a national model for university-based community engagement and to equip students with the knowledge, skills, and motivations for learning and success.

This has been made possible by the work of our Strategic Plan 2022. Upon gaining a Carnegie classification as a community engaged campus a few years ago, we have continued our efforts to build a dynamic campus culture founded on promoting learning and student success.

3. What role Clayton State University plays in the community?

The university plays a critical role in the south metro Atlanta community through intentional community engagement efforts, strategic partnerships, and making significant contributions to the local economy.



With an economic impact of \$275.9 million in 2017, Clayton State seeks to meet the growing needs of Atlanta's southern region by preparing the necessary workforce in industries such as healthcare, business, technology, supply chain and film.

Our university strategic plan guides us in developing strategies that will extend our commitment to aligning classroom learning to workplace and community service-based applications.

With Partnering Academics with Community Engagement (PACE), for example, faculty work with community partners so that students can apply what they are learning to a real-world scenario.

In addition, the university's strategic plan mentioned above, outlines the university's priorities to support students, which also includes intentional community outreach.

Additionally, our Exploration, Development, Graduation and Employment (EDGE) program prepare students with the soft skills that top employers seek through access to career-development opportunities such as internships, job shadowing, and mentoring.

It is also a priority that we meet student

by Kelly Petty
photos submitted by Clayton
State University

needs not just in the classroom, but through student life programs such as assistance with child support, to bridge gaps towards success.

4. Who are the students; staff at Clayton? Clayton State students come from a variety of backgrounds, including age, ethnicity and life experiences. The student body of Clayton State University is as diverse as their dreams. And, supporting the dreams of Clayton State students, means also supporting the local community. In fact, many of our enrolled students are local residents, and more than 80 percent of our alumni live within the south-metro Atlanta area, including Clayton, Henry and Coweta counties.

For Clayton State to be a steward of place and prepare students to be mindful, contributing citizens, our faculty and staff are committed to student learning. All that we do should be for the purpose of opening students' eyes and minds so that they connect their classroom knowledge to the world that awaits them after graduation.

5. Why should one support Clayton State? As we prepare to celebrate our 50th anniversary, it is important to recognize Clayton State University as an institution that has not only made dreams real for its students but has also played a tremendous role in transforming Clayton County into a thriving suburban community that is rapidly becoming a major driver for economic development in the Southern Crescent.

We encourage others to support the mission of Clayton State University through an act of giving. Whether it be partnering with our Career Services to offer a student an internship or job opportunity, providing students opportunities for hands-on community service, or making a financial gift, your support means that we can empower our students through rich experiences that help them achieve their aspirations for their careers and their lives.

G.R.A.B., Inc. and Sponsors Host Awards Night

World World William Washington William Washington William Washington Washingt

article by and photos submitted by Prophetess Mari Gauthier

In September of 1999, young minister, Mari Gauthier, started helping tp mentor girls in her home. Later in 2003, she incorporated and established G.R.A.B., Inc., a non-profit organization that serves girls and young women who are labeled as "at risk/ truant." These are girls who have been abused and left traumatized by their experiences that lead them to a life of mischievous and promiscuous behaviors. G.R.A.B.'s goal is to remove the "at risk/truant" label that society has placed on them by helping them to move forward from being a statistic to becoming success stories.

G.R.A.B.'s mission is to keep our girls off the streets and help them to develop into successful young women and productive citizens. To meet our organization's mission and goals, our future plan is to build safe havens and shelters for girls, young women and their children.

On Monday, November 5, 2018, G.R.A.B.'s CEO and Founder hosted the organization's 1st Annual Fundraising Awards Dinner Celebration at HOPE Banquet in Jonesboro, Georgia. The event honored, celebrated and awarded women who survived life struggles and are successful today. Atlanta's prominent governmental leaders, business leaders and community leaders were among the 300 guests. Honorees included Mayor Evelyn Wynn-Dixon (City of Riverdale, Georgia), Mrs. Barbara "Diane" Anthony (This Is It! Restaurant, Co-Owner), Honorable Patsy Jo Hilliard (Former Mayor of East Point, Georgia), Prophetess Valerie Moore-Burris, Evangelist Danielle Williams- McCord,

Rev. Arlene Brown, Audrey Johnson (Former G.R.A.B., Inc. Member now Mentor) and more!

Special guests were girls from a local group home who were also recognized. We wanted these young ladies to leave the awards night empowered and motivated to become great leaders and strive for academic success that will open doors to make their dreams come true. Our goal was met with the help and support from our amazing team and devoted sponsors: Creative Stage Linen, Bliss Catering, A and J All Star Trophies, Sista Cakes 348, Epsilon Services, Free Style Productions, Jan's Floral Design, Brand New Consulting Group & Productions, LeAnne "LeLee" Lyons (SWV International Recording Group), Twanda Black (Host of WSB KISS 104.1 FM Good News Gospel) and our Title Sponsor and Board Members of G.R.A.B., Inc., HOPE, Inc. (HOPE Funeral Home and HOPE Banquet Hall, Hope Realty

As CEO/Founder of G.R.A.B., Inc., I was a victim of molestation beginning when I was 3-years-old, raped at 14, homeless since the age of 11 and became a single mom to a wonderful son at 17. Just like the women we honored at awards night, I didn't let life struggles take me out. I established this organization to help and inspire girls, ladies and women to overcome and become successful. This is not our last awards celebration. We are planning and preparing for 2019! This year's event was amazing and next year's will be spectacular!



(left to right): Radio Host for KISS 104.1 Twanda Black, City of Riverdale Mayor Dr. Evelyn Wynn-Dixon, and Chairman of Economic Development for Clayton County Eldrin Bell; "Mother of Gospel Music" Evangelist Dorothy Norwood; Shelly "Butch" and Barbara Diane Anthony, Ówners, This Is It Restaurant; and Founder & CEO, G.R.A.B., Inc. Próphetess Mari Gauthier

BUT GOD: The Faith and Rise of Shelley "Butch" Anthony III

by Dorothy Potter Snyder photography provided by Shelley Anthony

A good name is rather to be chosen than great riches,
and loving favor rather than silver and gold.

Proverbs 22:1 (KJV))

ifty years ago, in Tampa, Florida a little boy named Shelley got bullied for having a "girl's name", but his Mother told him he was a king, and that's exactly what he grew up to be.

The life of Shelley "Butch" Anthony III reads like a fairy tale, but the real story behind the glory is thirty-five years of setbacks, long workdays, patience and prayer. Now, with his new book *God Has a Plan for the Underdog* (available on Amazon), a major franchise deal for his brand *This is it! BBQ and Seafood*, a host of awards, and recent recognition by the Georgia House of Representatives for his contributions to the Atlanta metro community, the little boy from Tampa is living proof of Matthew 20:16: "so the last shall be first".



Says Georgia State Representative Deborah Bazemore, "Shelley Anthony allows our young people to see what's possible, and he gives back...he's teaching all of us, not just through his words but through his actions, how to be good citizens in our communities." When he's not working twelve-hour days, Anthony mentors several young men, supports the Georgia Greater Black Chamber of Commerce, employs 348 people, and models manhood and entrepreneurial success through Christ. Says Bishop Dale Bronner, pastor at Word of Faith Cathedral in Austell: "Butch has taken the ordinary and made it extraordinary."

"Mr. Butch" is the recipient of a restaurant heritage that extends back two generations.



"My grandfather started a little shack in Camilla, Georgia in the '30s. My daddy had one of the first black-owned restaurants in Tampa, Florida, and my parents' diner was open 24-hours a day because blacks [in the days of Jim Crow] didn't have anywhere else to go." After the young Anthony tried his luck in other businesses, he returned to serving soul food, guided by the indomitable Anthony women, Aunt Dot and his mother, "Muhdear". Anthony's children, including eldest son and VP of This is it! Telley, and his grandchildren will carry this legacy on into the fourth and fifth generations [one grandchild currently works in the business; and hopes the other grandchildren will follow suit].

Anthony left school in tenth grade when he became a young father and, imitating the "man among men" model of the times, he developed a gambling addiction and committed other youthful indiscretions which he fought to overcome. Later setbacks included a contractor absconding with his money, leaving Anthony to complete the build-out of his first location, Butch's Slide-In BBQ, with his own hands. There's been personal sorrow: two early divorces

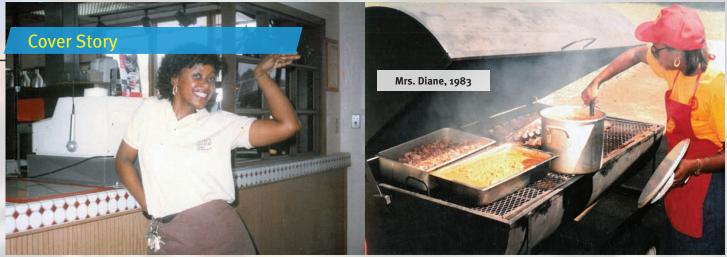
Entrepreneur means a man of faith, a risk-tasker. Faith is evidence of things hoped for but not seen.

- Shelley "Butch" Anthony

and, in 2009, the loss of daughter Angel Lydia in an auto accident. But, giving his life to the Lord in 1987, he stayed the course; with a foundation in Jesus, his entrepreneurial efforts made a steady upward climb. "Entrepreneur means a man of faith, a risk-tasker," he says. "Faith is evidence of things hoped for but not seen."

Anthony hoped big. "I used to pray for God to have an entertainer or athlete reach back to a small, black community and endorse what somebody was doing that was right. It didn't have to be This is it!" As it turned out that entertainer was comedian Steve Harvey who, at the 2011 Hoodie Awards, awarded Best BBQ to This is it!. Anthony has walked alongside many VIPs: President Barack Obama, Oprah, celebrity chef Pat Neely (host of the ribbon cutting event at the new Stockbridge location), and Tyler Perry. For 26 years, "I prayed for God to send somebody that knew franchise business, because I didn't have the expertise." Sure enough, in 2015, he entered talks with Belief Brands. Result: over the coming decade, 300 This is it! BBQ & Seafood restaurants will open across United States and Canada. Perhaps even in Tampa, "so I can serve the people that my Daddy served, you know, back in the day," he says, smiling. "That would be very good." We have come full circle.

Line servers at the Evander Holyfield
Fourth of July Cookout, July 1999





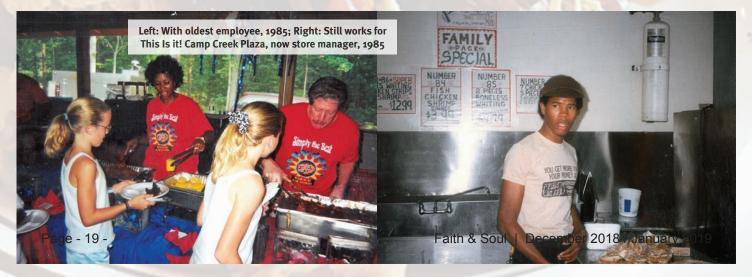
A humble man, Anthony marvels at his own life, emphasizing the contributions of others over his own. Business partners like Ed Neely, Ed Larkin (among his "unforgettables"), his wife of 35 years Diane ("my queen" and the Vision Keeper of the business), his parents, Aunt Dot, his kids — all are stars in his firmament. But always He gives to God the glory. "I know where I started from. God is the only somebody that can take nothing and make something out of it. I know I'm not supposed to be in the position that I'm in today, based on the world's standards of doing things. But God."

It's faith, family and food in that order, as the name of his company, Jesus & Butch Inc., attests. "Jesus is first, I'm second," he says. And if he had it to do all over again? "I would find Christ earlier. I try to model Jesus Christ to my children, what I've learned down through the years about how to be a man of God." Anthony emphasizes listening to "that quiet, still voice inside" before making decisions, and tells how not doing so once cost him dearly: offered financial incentives to open a location at the West End Mall, he bought in — right before major tenants moved out. To preserve his good name, he paid an expensive lease on the kitchen equipment even after he had to sell the location. He'll never be deaf to that quiet voice again, because, "God, he's the only real fortune teller there is."

For Anthony, his product is half food, half love. "You know, the soul part of soul food is when a chef comes to work, he or she has to be at peace, because what the customer tastes is what the chef feels. The Bible says the greatest among you are those that serve. So, I would pray that God would touch my food with his anointing. As the business grew, I knew I couldn't continue to be in the kitchen, but if God touched it with His anointing, the taste would be better than what I could ever do on my own."

"In God's purpose for your life, there will always be pain," He says softly. "If there ain't no pain, I don't believe personally that's God's purpose. You got to stay humble ... 'cause if you're humble, God can use you, he can speak through you."

A long time ago, they bullied him because of his name, but it turns out that Shelley Anthony is a very good name to have after all.



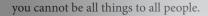
Little Things Matter

by Nancy J. Lewis, MS, SHRM-CP, PHR, RCC photos submitted by Ms. Lewis

In the world of business and life, it is so important to strive to make sure our words and actions are congruent. So often, we commit and make promises that we fall short of fulfilling. Yes, the reality is life happens and we forget, get busy or simply forget what we committed to. But the person you committed to is holding you to what you promised. You may say well things happen and I just forgot. That may be true, but the world is very, very small and broken promises can come back and haunt you. It is critical that we as professionals make sure our words and actions are in alignment. At the end of the day, it doesn't matter what you say, people believe what you do. Here are a few questions and tips to help you the next time someone asks something of you.

- 1. Stop and ask yourself is this something I can do based on the things going on in my life and on my calendar?
- 2. Would someone else on my staff or network be able to help them with this?
- 3. Is this busy work I am a committing to or is it something that is in line with my goals?
- 4. If I commit to this, am I writing it down or putting it in my phone at the time of discussion? Determine who is charged with the responsibility of the follow up.
- 5. Think carefully before you respond and commit as





- 6. Sometimes you simply have to say "NO."
- 7. When you drop the ball and forget, call, email or text and extend your apologies. This shows respect and that you value the person and is good business etiquette.

The bottom line is we need to remember an old phrase used many times in business, "Under promise and over deliver." Little things really do matter when you are dealing with people...Be intentional with what you say and do!



WAKANDA FOREVER: SEVEN MONTHS AFTER ITS RELEASE, THE EFFECT OF

PANTILLIA STRONG

by Renarda Williams
photos submitted by interviewees and by



As the one-year anniversary of Marvel's groundbreaking movie, **Black Panther**, approaches, it still bears a memorable impression on those who saw it.

According to its statistics, there were few who didn't see it ... especially among the Black community.

Starring Chadwick Boseman as a feline-themed superhero whose alter ego is King of Wakanda — a technologically advanced African country that was never colonized — Black Panther made its debut in theaters in February 2018 and broke multiple records. Various online sources reported the movie raked in \$1.3 billion in global sales, making it the 10th largest global release of all time; \$700 million in domestic sales, making it the third largest domestic release of all time, after Star Wars: The Force Awakens and Avatar. It is also said to be the highest-grossing superhero movie of all time in the United States.

Faith and Soul magazine gathered some thoughts on **Black Panther**, and its legacy, from several members of America's Black community.

Pastor Deborah R. Young

An e-Church/outreach pastor, former senior pastor, U.S. Air Force veteran, cancer survivor, grandmother, and writer in Lafayette, Louisiana, **Pastor Deborah R.**Young said this film was not just another cinematic wonder in the Marvel Universe.

"Black Panther was a global phenomenon of Africanism with the exposure and full impact of America's shameful historic slave legacy finally revealed," she said.

Young noted that both Africa's and Black America's past and future as intertwined was a prominent theme throughout the movie.

Young said she enjoyed the excitement generated by the movie in the theater, especially seeing Black viewers dressed in African garb and giving the armscrossed-over-the-chest Wakandan salute.



© Lifestyle Pictures/Alamy stock photo

Fredrick Love

Arkansas State Representative, District 29, and director of community services for Pulaski County in Little Rock, **Fredrick Love** found **Black Panther** to be "riveting."

"It was great to see a country in Africa portrayed in a positive light," Love said. "It was wonderful and refreshing to see our people portrayed as the innovators they are.

"I enjoyed the storyline, the scenic beauty — but most of all, **Black Panther** is more empowering from an imagery standpoint than any movie has been in many years from Hollywood. My hats off to Marvel Studios for such a powerful movie."



Dr. Yao Kondo, a Little Rock, Arkansas pharmacist, writer and Ivory Coast native, said that he believes **Black Panther** did the continent of Africa proud.

"My daughter, my son and I found our own personal life experiences represented in this film," he said. "Besides the delight in recognizing many African traditions and clothing in it, I was enchanted by the intelligent mix of today's African village and city life with the film's vision of Afrofuturism.

"The link between continental Africans and diasporic Africans was strengthened by this film. We loved it!"





Treva Ball

An executive assistant in Silver Spring, Maryland, **Treva Ball** found **Black Panther** to be "absolutely exhilarating."

"It was also a learning experience — the different tribes, the connection between them, their beliefs and non-beliefs," Ball said. "I didn't want it to end. I have also been reading all of the articles associated with the movie, thus clarifying some of my questions. Awesome indeed!"

Her only regret?

"I did not wear my African attire to the theater."





© Moviestore Collection, Ltd./Alamy stock photo

Derrick Jackson

Derrick Jackson, the Georgia State Representative, District 64, for Tyrone, Georgia, took 100 teenagers, their parents and chaperones to see **Black Panther** at a local theater rented by an organization with which he works.



Remembering Stan Lee 1922-2018

Faith and Soul News Magazine pays tribute to the late Stan Lee, who died at the age of 95 on Monday, November 12, 2018 in Los Angeles, California.

Faith and Soul wants to thank Lee for his blessings for co-creating Black Panther, the first superhero of African descent into mainstream comics who was first introduced in *Fantastic Four* #52 in July 1966.

Faith and Soul also thanks God for allowing Lee and everyone who had the opportunity to experience the remarkable *Black Panther, the Movie*, that was co-written and directed by African-American Ryan Coogler.

Stan Lee, may you Rest In Peace with God and the Ancestors!

Renarda Williams, Senior Writer/Editor, Faith and Soul News Magazine







Locally owned and operated since 1976, Hoffman Tire Pros is Fayetteville, Georgia's premier "Hassle Free" tire and automotive facility. At Hoffman Tire Pros, in Fayetteville, GA, we offer a wide variety of tires, wheels, and auto repair services to enhance your vehicle's performance.

Hoffman Tire Pros' friendly service staff will quickly get your vehicle set up with a high quality tire that is right for you from







and many more.



Cooper Anderson Matthew aka COOP Joins the Family

by Pamela Matthew

In August of 2016, our family lost our beloved Shih Tzu, Pepper Ann Matthew. She had been a member of our family for 13 years. She was like a daughter to my husband and I, and like a sibling to our son and daughter. Her loss left an emptiness in our hearts and in our home.

A year later I started volunteering my weekends, working with Acadiana Animal Aid. I supported the real team of people who rescue homeless dogs and cats looking for forever families. While working at the shelter, I fell in love with a bonded pair of brothers, Kobe and Coop. In my heart I knew that I was ready to save another furbaby, but I missed the opportunity to rescue both Kobe and Coop as Kobe found his new family through a transport out of Louisiana. Coop remained in the shelter and was showing signs of stress after Kobe left. Our family rescued Coop September 2017 as a foster pet, but quickly learned that we needed him just as much as he needed us. We finalized his adoption in December of 2017.

This golden furbaby is a Yorkie/Shih Tzu mix, we think. He is possibly 3 or 4 years old and was an owner surrender to the shelter in July of 2017. Coop enjoys long walks, road trips, being groomed and going to doggie daycare. He loves treats, car rides, and squeaky toys, but most importantly, he loves being part of a family who cares for him. Although he spends much of the day at home with his toys and his thoughts, he patiently awaits our return home to play, cuddle and know the real love of having a family to call his own. One of Coop's routines is to give my husband and I kisses before bedtime. It's like he's telling us "thank you for adopting me.".



(left to right) Dad (Christopher Matthew), COOP, and Mom (Pamela Matthew)



Styled by God

article and photo by RaRa

n 2016, I was invited to speak at a women's empowerment event in St. Croix, Virgin Islands. The host of the event asked me to share my journey to becoming my best self through my image transformation and how that led to me starting my style brand, RaRa's Style Appeal.

While in my hotel room the night before the event, I read from Psalm 139:13-16, which tells of how we are fearfully and wonderfully made by God. The words in those verses of scripture jumped out at me on that night like never before to reveal that God is the originator of style. We are "Styled by God," and God's expression of style is displayed in many forms throughout the earth, including man.

Style simply means "to put together" and as you read Psalm 139:13-16 (The Passion Translation) below, you will see that God is very intentional about how we are uniquely put together in the womb:

- 13 You formed my innermost being, shaping my delicate inside and my intricate outside, and wove them all together in my mother's womb.
- 14 I thank you, God, for making me so mysteriously complex!Everything you do is marvelously breathtaking.It simply amazes me to think about it!
- ¹⁵ You even formed every bone in my body when you created me in the secret place, carefully, skillfully shaping me from

How thoroughly you know me, Lord!

nothing to something.

16 You saw who you created me to be before I became me! Before I'd ever seen the light of day, the number of days you planned for me were already recorded in your book.

As a stylist, I express to my clients and followers on social media, that we all possess our own unique style. One of my favorite style quotes is from fashion designer, Diane von Furstenberg, which says, "Style is something each of us already has, all we need to do is find it." You may be asking, "Where do I begin finding it?" The answer goes back to Psalm 139 and understanding that our style journey begins when we know that God has styled each of us as a divine expression of Him. God created us in different races, colors, shapes and personalities for His pleasure and ours. So, as you begin to embrace how fearfully and wonderfully made you already are, you will then begin to express it through your style.

God wants you to enjoy looking your best and feeling your best because He has also styled you for a purpose. You possess a particular gift or talent from God to be used for a divine

assignment here on earth. It is by the unique way that God has styled you that will be of influence and impact in the lives of others. I learned this lesson when I stepped out on faith and followed my passion for fashion and style. Eventually, my passion led me to my purpose of creating a Facebook Live interview show called "Styled By God: Styled For A Purpose". Through this platform, I interview people who I have had the pleasure of making divine connections with along my journey of style and purpose. I realized that each person along my journey had a story of purpose that needed to be shared. I have now coined this as "purpose connects the dots" because when people make divine connections with one another on their journey of purpose, they help each other to excel to the next level. I thank God that I am now living my purpose out loud! You can too because you are Styled By God!



Hot Chili To Keep You Warm On A Cold Day

by Melinda Sylvester

Here is an easy recipe for making chili for a hearty meal on a cold winter's day!

This meal will serve six to eight people.

1. Brown one onion and one bell pepper in a medium pot



2. Season the ground meat to your taste with salt, paprika, red pepper and black pepper and add the fresh, seasoned ground meat into the pot and cook until brown



3. Cook two cans of tomato sauce in another medium pot



4. Pour cooked tomato sauce into pot with cooked seasoned ground meat



5. Season with chili powder



- 6. Add hot peppers, if you desire
- 7. Serve hot

Ingredients

Onion	one	diced
Bell pepper	one	chopped
Ground meat	3-5 lbs	(beef or turkey)
Tomato sauce	2 cans	
Salt		
Paprika		
Red pepper		
Black pepper		
Chili powder		
Hot peppers		

Alternative Healthy Chili

And for those concerned about their health, here are two optional items that you can use replace for the original ingredients:

- 1. Instead of beef, use ground turkey meat
- 2. Replace the salt used in the original recipe with Mrs. Dash Salt-Free Season

Enjoy with Baked Lays or chips of your choice.

How To Price Your Home To Sell Fast

provided by Carrie Johnson, Realtor®





© Can Stock Photo / Feverpitched

You want a fair profit. Your goal is to get as much money out of the sale of your home as you can; to recoup some of the time and investment you've put into it over the years. But you also realize that you don't have a lot of time. You need a

relatively quick sale. That's the dilemma.

How do you decide how much to ask for your house in order to secure a fair profit and generate a quick sale at the same time and with the least amount of headache and hassle?

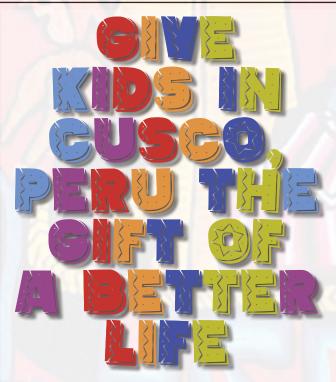
Take heart. It's possible.

Regardless of the market (be it hot or cold), regardless of the season (be it summer or winter) and regardless of the fact the house down the street has been sitting on the market forever without any takers - you can accomplish the goal of selling your home fast and at a fair price if you follow a few simple principles.

- 1. Think of the building you are preparing to sell as a house not your home. You must detach yourself emotionally from the sale of your property and view it as just another commodity for sale on the open market. It is no more and no less a residential property for sale to a buyer who is ready, willing and able to purchase it.
- 2. Realize what you think your house is worth has absolutely no merit. Being a commodity on the open market, a house is only worth what other people are willing to pay for that particular style of house, in that particular area and at this particular time.
- 3. Determine prices of comparable houses. A lender always hires a professional appraiser to evaluate the value of a house before underwriting a loan. The most important factor an appraiser uses in determining the value of a house is the reliable data gathered from comparing the selling price of similar properties in style, size, location and relative time frame usually 30 to 60 days.
- 4. Hire an appraiser to give you a documented opinion as to your house's value. Realize, however, the appraisal you receive is only the appraiser's professional opinion based on reliable market data but it is only an opinion. Only a buyer willing to put money in your pocket can tell you what your house is actually worth. And be aware that appraisals are often too high appraisers are more likely to overstate the value of a house rather than understate it.

With the right information, you can price your house to sell for the most money, in the shortest amount of time and with the least amount of hassle. Simply follow the seven basic principles and you are well on your way to a fast, profitable sale.

If you would like in depth information on how to best price your home for a quick, profitable sale as well as receive a free, complimentary "Total Market Analysis" - contact Carrie Johnson at 678-910-0881. ◀



provided by Fontella Poppas, Broker

On Thursday, December 6 from 7:00-9:00pm, Fontella Poppas, a broker at Pinewood Realty Group, will be hosting a Holiday Open House for a local non-profit supporting a a group of abused women and children in Cusco, Peru in order to raise funds for their living and life expenses for 2019. The group's goal is to raise \$45,000 and it really needs your help.

Stop by the event on December 6 to network and shop for a cause. There will be great items to purchase. You can also help by sharing this information with your network and encourage people you know to get involved and make a difference by making a cash donation. The organization is volunteer-based and it is incredible. 100% of the proceeds raised will go to the Peruvian mothers and their children.

In her forty-two years of life, Fontella Poppas indicated that she has come to really experience the blessing of giving. Please join or text your ideas and questions to 404-382-7445. ◀



Don't just hear about it! Experience it!

Chris/ians In Action RADE SHOW

Celebrating 23 Years in the Trade Show Industry!



In Association with IMP Connection UP TO 250 EXHIBITORS

SALES WORKSHOPS
LIFE CHANGING SEMINARS
HEALTH & WELLNESS
FINANCIAL WORKSHOPS
NETWORKING EVENT
BIZ-to-BIZ EXPO
EXHIBITS

APRIL 5-6, 2019 - West Palm Beach, FL 650 Okeechobee Boulevard West Palm Beach, FL 33401

Friday, April 5, 2019 - 4pm-8:00pm Saturday, April 6, 2019 - 10am-5pm

Live Entertainment & Demos







AN EVENT FOR THE ENTIRE FAMILY

For Information: call 954-597-8420

www.christiantradeshows.com



AUTHOR, SPEAKER SHARES WEIGHT LOSS JOURNEY:

STOP DIETING AND LIVE!

by Val McLeod







My mother said I was born with a voracious, insatiable appetite. Instead of one bottle, I wanted two. At school I would nibble on my sack lunch all morning and then eat a hot lunch, too. I would also hide food in the closet or the laundry room to eat when no one was looking.

The school's nurse would weigh us in front of our peers, and I was always two or three times heavier than other children. After that, I avoided scales for years. I continued to gain weight until I could not fit in store bought clothes. I made my own clothes using upholstery fabric.

Finally, in my mid-20s my growing health problems forced me to confront my weight issue. By then, I was over 600 pounds. The doctor recommended gastric bypass surgery, but I had to lose 100 pounds first. I was still too heavy on the day of the surgery, but I begged the doctor to proceed. I suffered respiratory failure during the procedure and spent three days on life support.

During that time, I begged God to give me a second chance. Since then, I have been on multiple diets and multiple medications for weight loss. It has been a bumpy road. Although I never returned to my heaviest size, weight gain followed weight loss.

By 2014, I lost so much weight that I was featured in People Magazine with others who had lost half their body weight. I received an invitation to appear on ABC's "Good Morning America." Unfortunately, the tragic murder of my sister followed that high point. When she died, I gave up living, too, and the only

thing I planned to do until I died was eat.

Then, on my birthday this year I had a dream that I and the people around me were suffocating in a swamp of muck. I screamed to GOD for help, and I noticed that the breath coming from my mouth was giving the rest of the people air to breathe. I turned around, and I saw the beaming face of my sister. That dream woke me up and I emerged from my cocoon of grief.

Since then, I have recommitted to my calling to encourage people like myself to make healthier life choices. I am not dieting this time. I am now nourishing my body, my mind and my spirit. By giving my body what it needs and really wants, I have found that my body is naturally releasing excess weight. Without dieting, in two months, I've shed over 30 pounds and 7 inches off of my waist.

Every morning I wake up thinner, more energized and ready to face the world in the body I desire and deserve to live in. Recently, I received a message from a producer on the "Dr. Oz" show. As I am losing weight without struggling, I want to share the process and possibilities of natural weight loss and wellness with the world.

Val McLeod is an international inspirational speaker and the author of "The Weight is Over" and "Empo Word - Build a Life of Success With Powerful, Positive Language." Val's amazing weight loss story has been featured in People Magazine and on ABC's "Good Morning America". To connect with Val, and learn more about her Val U Life system, connect with her FaceBook Group: Val U Village and via email: Hello@valmcleod.com.





EDDIE JACKSONS Faith, Family, Food, Fitness, Football, and Film

by Melinda Sylvester

photos by Eddie Jackson and Eddie Chen of the Food Network

FASMG Publisher chats with Food Network's Star Winner and Celebrity Chef Eddie Jackson who is hosting a Christmas Cookie Challenge series. Jackson is also a former NFL cornerback.

You can hear that southern hospitality spirit in Eddie's voice, proudly talking about his upbringing and childhood life. He was born in Americus, Georgia.

FASMG: Let's chat about Faith & Family.

Eddie Jackson: Faith was and still is a big part of my life. I am very thankful to God for all I am able to accomplish. My Faith kept me going through my challenges. Family is huge to me; as A Southern Young Man, I am extremely close to my family. We moved to Texas when I was 10 years old. My grandmother wanted us to stay close, and we do it for her. We created a group on Facebook, do video calls where we talk and catch up. My Grandmother was a chef. On Sundays we ate at her home. She had 12 children, and everyone cooked.

FASMG: Food & Fitness: You have a deep Love and Passion for Food. How do you stay Fit?

Eddie Jackson: My grandmother (Mom's Mom) brought everybody together with food. I remember going with her to work. She would get up early in the morning to make homemade biscuits from scratch. She made 500 biscuits every morning, served with cane syrup. Back then the cane syrup came in a blue and white box. Grandma Geraldine as everyone knew her as retired 8 years ago. She spent over 30 years at the school, serving those hot homemade biscuits.

As for Fitness, I highly encourage we eat in moderation. It is important to balance your meals. Exercise should be encouraged in your routine. I am also a personal trainer. Healthier food should be delicious.

FASMG: Now let's get to Football & Film. 2019 Super Bowl 53 is in Atlanta. What do you think of the possibility that New Orleans Saints will be playing in the Falcons Mercedes-Benz Stadium?

Eddie Jackson: Football has prepared me for my Celebrity Chef career. After my injury in the NFL, I took some of my skill sets from football and the love for food. Football taught me how to compete. When the opportunity came up at the Food Network, I brought that to the kitchen. I didn't leave it on the field.

I plan to go home for the 2019 Super Bowl in Atlanta. It's not just the game; there are activies leading up to the game that are

Faith & Soul | December 2018 / January 2019

family friendly. I will bring my nieces and nephews so they can get exposed. Everyone is looking forward to it.

I fully believe the Saints will be playing in the Super Bowl. Drew Brees is having his best season. Them being tough rivals of the Falcons, as a former NFL player I understand the Falcons do not want to play in their stadium. It would be a disappointment if the Saints were not in the Super Bowl. That's insane what he is doing. The Falcons have to play better, and then talk trash. It's a shame the Falcons have great talent. Being a Georgian the Falcons are one of my favorite teams.

See the schedule to the right to check out more of Eddie Jackson and the Holiday Hit Food Network's Christmas Cookie Challenge.



Committed to Keeping Your Finances in Order

Let Us Handle Your Financial Needs:

- Data Entry
- Reconciliations
- Payroll
- Individual/Business Returns
- Electronic Filing
- Financial Statement Preparation
- Nonprofit Filings (Form 1023 and 990)

Website: chapmanaccountandtax.com Phone: 678-485-9932 Fax: 877-719-1638 Email: nicolechapman@bellsouth.net



(from top left to right) Eddie in training (photo submission: Eddie Jackson); Eddie's food truck (photo submission: Eddie Jackson); and Eddie preparing a meal on set (photo credit: Eddie Chen from the Food Network)

(right) Host Eddie Jackson with Judges Ree Drummond, Dan Langan and Aarti Sequeira from the Christmas Cookie Challenge on the Food Network (photo credit: Eddie Chen from the Food Network)

Eddie Jackson and the Holiday Hit Food Network's Christmas Cookie Challenge

Christmas Comes in All Sizes

Premiering Monday, December 3rd at 10pm ET/PT

Host Eddie Jackson loves traditional nesting dolls because they're the kind of Christmas gift that keeps on giving. So for this decorating challenge, he asks five of America's finest cookie makers to whip up six cookies of the same design that get progressively smaller. It's a tall order for judges Stephanie Boswell, Ree Drummond and Molly Yeh to decide which two cookie makers come up short in the first round. The task gets even tougher in the display challenge as the three remaining cookie makers must craft a Christmas village completely out of cookies. It's mayhem on Main Street as the bakers compete with \$10,000 on the line.

Mr. and Mrs. Claus

Premiering Monday, December 10th at 10pm ET/PT

Everyone knows how Santa Claus spends Christmas Eve, but for this decorating challenge, host Eddie Jackson asks five talented cookie makers to imagine what Christmas Eve looks like for Mrs. Claus. Judges Stephanie Boswell, Ree Drummond and Molly Yeh know that Santa's better half deserves the very best, so only the top three move on to the display challenge, where they have to craft gorgeous fireplace mantels out of cookies with ingredients like Brazil nuts, hazelnuts or macadamia nuts. It's one tough nut to crack, but one cookie maker's fireplace scene will outshine the rest for a \$10,000 prize.

Colorful Christmas

Premiering Monday, December 17th at 10pm ET/PT - SEASON FINALE!

Traditional Christmas colors are red and green, but festive foodies have been lighting up social media with hip ombre hues, too. For the decorating challenge, host Eddie Jackson asks five trendy cookie makers to create cookies that feature at least four shades of a color. Judges Ree Drummond, Jordan Pilarski and Gesine Prado determine which three bakers have the color palette and palate worthy of moving on to the display challenge, when the remaining competitors make the workshop glow with 3D cookie creations that actually light up! They must incorporate invigorating ingredients like coffee, chai or matcha tea, and the cookie maker that shines the brightest becomes a Christmas Cookie champion.



Final Expense | Pre-Need Arrangements | Grief Counseling Complete Funeral Package | Cremations | Shipping Service





Herman Griner

Caskets | Urns | Vaults | Funeral Flowers

770.460.5566 186 Hwy 279 Fayetteville, GA 30214

www.grinerfuneralhome.com

Pastors' Honorary Luncheon Offers Connections and Networking

Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us.

- Ephesians 3:20

by Melinda Sylvester

photos by Case Love Productions



- 1. Dr. Nina Bronner, Bishop Dale Bronner, Mr. Shelley "Butch" Anthony, III and Mrs. Barbara "Diane" Anthony
- 2. Bishop Joel Trout
- 3. Miguel, Irene and Sasha Escibar, Gene and Karen Harper, and Jimmy Pace, III

The Inaugural Pastors Honorary Luncheon held on Thursday, October 25, 2018 from 11:00 a.m. – 1:30 p.m. at the This Is It Event Center in Fayetteville, Georgia, was a blessing to all in attendance. The luncheon was hosted by Mr. Shelley "Butch" Anthony, III; founder of This Is It! BBQ & Seafood and author of "God Has A Plan For The Underdog."

Mr. Anthony opened with, "I want to give honor to God, Jesus My Lord and Savior, my wife and my vision keeper Mrs. Barbra 'Diane' Anthony, my children and Bishop Dale Bronner who watched over my soul. I just want to thank you all, pastors and spiritual leaders for their support of This Is It! BBQ & Seafood over the years. Thank you for bringing in all the love in this place, it is much felt."

Mrs. Anthony made the spiritual ladies day by blessing them with flowers. "Ladies you are welcome to take the flowers on the tables, which were made of beautiful fresh flowers," she said. She also thanked everyone for their support.

The room was full to capacity with lots of smiles, great energy and love. The connections and networking were amazing. Although nametags were not issued to attendees, everyone expressed they just felt that they fitted in.

According to Bishop Bronner, all churches are important, it doesn't matter the size. "Let your light be shown so people can feel your warmth. It is great to be in a place where you are appreciated and celebrated," he quoted.

Rev. /Fayetteville Mayor Edward Johnson also said the event was great, and he was thankful to be a part of it. He gave the welcome to Fayetteville and blessings over the food.

Bishop Cecil Newton also shared his story about raising his son Cam Newton, the famous Carolina Panther's quarterback. He noted that Cam doesn't need another fan in his dad but a business manager, someone who will tell him the truth and be there for him when he wins or loses.

Georgia's Beloved Gospel Singer Ms. Dottie Peoples, provided entertainment. She sang "God Is An On Time God," and Micah Stampley sang an a cappella. A professional saxophonist was present too.

Many guests left the luncheon asking about the next Pastors Honorary Luncheon. Mr. Anthony responded that he will let the Holy Spirit lead him and wait on God to tell him when. "This was a God's event. Like Ephesians 3:20, God is able to do exceedingly abundantly above all that we ask or think," he declared.











For more information about the photographer, visit caselove.com



4. Bishop Wesley Scott and Pastor Riley 5. Riverdale Mayor Dr. Evelyn Dixon and Clayton County School Deputy Dr. Anthony

6. (left to right) Sisterhood: Tina Anthony, Mrs. Barbara "Diane" Anthony and Prophetess Mari Gautier





11





- 10. Bishop Cecil Newton. father of Carolina Panther's football quarterback, Cam Newton
- 11. Gospel Recording Artist Micah Stampley
- 12. Rev. Mayor Edward and Dr. Vanessa Johnson, Mr. Shelley "Butch" Anthony, III and Mrs. Barbara "Diane" Anthony 13. Mr. Anthony and attendees



MORE LIFE ON THE OTHER SIDE OF THE STORM: MY HURRICANE KATRINA STORY



by Brandon Sherman

Thirteen years ago, my life as I knew it changed forever in a span of 48 hours. Back in 2005, life was good. I was flying high as a successful Commercial Banker in the City of New Orleans. I was the right-hand man to the President of the Bank, and I was living the dream. Everything changed on one faithful Friday afternoon when we were alerted that Hurricane Katrina had abruptly changed course and was on a direct path for the City of New Orleans. I tell people all the time that my life went from a "Sky-Box seat to a FEMA line." The other analogy that I provide to others is that going through a traumatic event on the scale of Hurricane Katrina and surviving it, is like "dying; but living to see it." We lost everything! Not only did we lose our physical possessions, but our entire way of living and the people we encountered on a daily basis were all changed. Without permission, and without warning, we had to immediately uproot our lives and find our way in a new location that was yet to be determined.

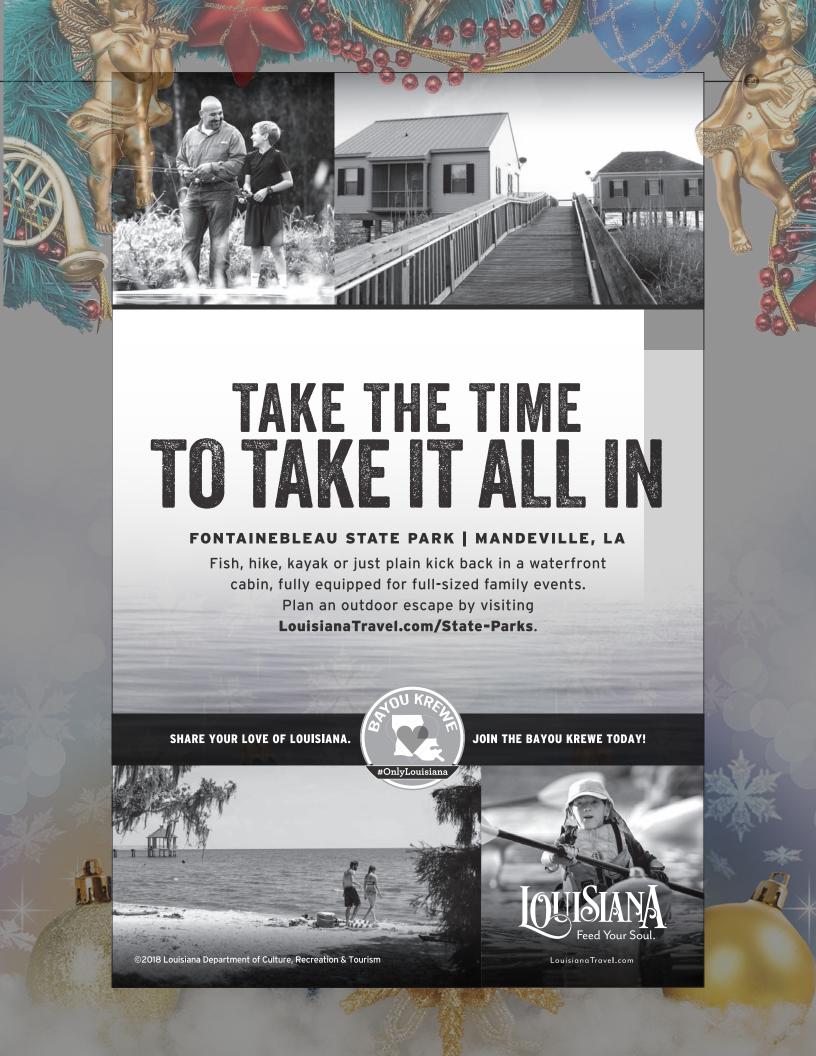
There were so many questions in our heads at the time as it related to where we would live, what would happen to our careers, where we would raise our children, and how would we handle the aftermath of recovery after the storm. Those were very challenging times, and God's love, and strong faith pulled us through it all. With the help of God, family, new friends, and strangers, my wife Schantalyn and our two daughters Katelyn and Jasmine relocated to the south side of Atlanta after first spending a couple of weeks with Schantalyn's aunt in Norcross, Georgia. It was very challenging for us because we moved from Norcross to a home that was donated to us by a Church in Jonesboro, Georgia and then we landed in an apartment not far from there just two months later. It wasn't until June of 2006 that we were able to purchase a home and finally begin to have a more stable existence.

Today it is now 13-years later, and we can finally exhale because life is getting much better than what it was during the years that followed the storm. If you are currently faced with a storm of any shape or size, I would like to encourage you to keep on believing and to hold on to hope because the storm will come to pass, and not stay! I want you to know that trouble will not last always, and that your current situation is not an indicator of how

the rest of your life will look in the future. There is more life on the other side of the storm! Please remember to "walk by faith and not by sight" (2 Corinth 5:7). The best thing that you can do now is to begin investing in others. The best way that you can alleviate yourself of your current burden is to help someone else. Once you look around, you will find that someone else has it a little harder than you do and that when we focus on others, we forget about our own pain. It is truly "more blessed to give than to receive" (Acts 20:35). ◀



Brandon Sherman, his wife Schantalyn, and their two daughters, Katelyn and Jasmine





FAITH FULL & FAITH & LOVE & FAITH WRAPPED UP

Flowers Die...Fruit Perishes...Faith is Love and Lasts Forever.

Faith Has a Lasting Impact.

Faith is With One's Spirit for a Lifetime!

Faith Baskets Are Awesome Gifts That Last Forever!



All Faith Baskets Are Custom-Made and Are Custom Designed for Any Event and Occasion:

Birthdays & Anniversaries & Promotions & Inspiration & Motivation

Baby Showers & BFF & Just Because & Father's Day & Mother's Day

New Home & Get Well & Condolences & I Love You

To Order: 1-866-919-6275

Email: faithandsoulmag@yahoo.com

Text: 770-412-2331