Faith & SOUL

"YOUR COMMUNITY MAGAZINE"

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NEWS MAGAZINE Vol.5 No. 50 SEPT. 2012

"REJOICE IN THE LORD ALWAYS, AND AGAIN I SAY, REJOICE. PHILLIPIANS 4:4"





Subscribe to Faith & Soul News Magazine's new and exciting 2013 issues. You will receive the rest of 2012 issues free, plus discounts and coupons worth over \$200.00 to local businesses and events. See page 3 for more information. Inside: Celebrate Grandparents, Home School, Woman Thou Are Loosed, Health Tips For Women, Sports, Cookin' and more Happy Granparents Day!!!!!!!!!!



Proverbs 13 vs. 22 (KJV)

A good man leaveth an inheritance to his children's children: and the wealth of the sinner is laid up for the just

I want to thank my Lord and Saviour Jesus Christ, Our God. Who gives me wisdom, strength to publish this magazine. I want to thank our Faith & Soul staff who continues to believe in the dream, our advertisers, our subscribers, our online readers and everyone who said a kind word and those who continue to advise us.

Faith & Soul loves you all. We appreciate your business!!!

Subscribe Now for the 2013 issues, new and exciting..... See page 3

Inside this issue: Woman Thou Are Loosed, Home School, Sports, Cookin', Health Tips and more.

Enjoy Reading!!!!
God Bless,

Melinda

*Articles and views expressed in this publication do not necessary reflect the views of Faith & Soul News Magazine and its staff.

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Publishers' Pointers

It has always been my passion and my pleasure to publish every issue of Faith & Soul News Magazine. Faith & Soul News Magazine appreciates each and every one of you. May God continue to bless you and your families, for everything you do for Faith & Soul News Magazine we wish you get it back one hundred fold. We want your business!

I want to wish the two strong women in my life Happy Birthday, to my loving Mother Theresa Calais and my loving Mother-N-Law Daisey Sylvester. Thanks for all the prayers you have given Faith & Soul News Magazine. Happy Grandparents Month to all the grandparents. You should be celebrated everyday.

Faith & Soul News Magazine wants to encourage everyone to register and go out and vote! It is your responsibility. We don't need another Hurricane Katrina to go and make some noise to vote. There is a lot to vote for. It will be for your grandparents as well as your grandchildren. Well, it's a month into the 2012- 2013 school year; please volunteer at your child's school. Get involve education is very important to your child's future. We are asking for your continue support by subscribing and advertising in Faith & Soul News Magazine. Look up us on the web: www.faithandsoul.com. For one-year subscription for only \$50.00, you will receive 10 copies, plus discounts and coupons to local businesses worth over \$200.00. Subscriptions funds will also help school students with various programs. Subscribe for 2013 now receive rest of 2012 free.

Blessings, Peace and Love Melinda



State government offices to reopen in St. John the Baptist and Plaquemines parishes Monday

BATON ROUGE -- Commissioner of Administration Paul Rainwater announced that Louisiana state government offices will reopen

Monday, September 10, in St. John the Baptist and

Plaquemines parishes.

State offices in all other parishes have reopened. However, department heads should exercise discretion if they have a particular circumstance, such as a building without power, that necessitates employees not reporting to work within a parish that has reopened. This message will be emailed to state employees. In addition, state government employees should be aware of the following phone numbers to call, which will be updated with information regarding office closures and re-openings: 1-800-360-9660 or 225-342-0498.

For all the latest information on the storm, residents are encouraged to visit emergency.louisiana.gov.

Please join Faith & Soul News Magazine in prayers for everyone who experience loss during Hurricane Issac



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THE HONORABLE LOUIS FARRAKHAN



Baton Rouge, La.:

The Honorable Minister Louis Farrakhan is coming to the Southern University Mini Dome, Wednesday October 3, 2012, Doors open at 6:00pm

This event is free and open to the public

Photos by James Terry III, Photojournalist

The Willie Harris Collection Photojournalist, Author and Curator c/o James W. Terry, III 1770 79th Ave. Baton Rouge, LA 70807

Celebrate Your Grandparents this Month and everyday of the Year Readers share their Grandparents Quotes:

Happy Grandparents Day!!!! Rhinna shared her grandmother quote with Oprah on OWN, her grand mother told her the same thing our grandmother told us. To marry someone who loves you more they will be more likely to meet you have way.

Others said: But most are remembered for their Love and Care, good cooking

A man needs to work all the time

A man doesn't need lots of money in their wallet

A woman is judge by her mother

A woman should know how to cook and clean before marrying

Not every woman is a wife and every man a husband

You have no power to change a person, only God can changed them

Pray for your husband and pray for your wife

You make your bed hard sleep in it

You sleep with dogs you wake up with fleas



CHOOSING TO HOME SCHOOL

By Cameron James Education Reporter

While public schools in Louisiana continue to face scrutiny, the number of Black families choosing to home school their children or move them to home school environments is steadily increasing.

The National Home Education Research Institute reports that in the United states there are two million children being home schooled and 10 percent of these children are Black. Since 2000, this number has increased by 15 percent.

Baton Rouge mother Alkinee Jackson has been home schooling her five children, ages 9 to 16, since they were old enough to attend school. She said it was decision she had made before they were born.

Jackson said she knew after admiring a how close a family friend was with her children almost 20 years ago that she would home school her children.

"I wanted my children and myself to be close and with home schooling I saw that at ages when children are gravitating away from their parents, home schooling my children has brought them closer to me," said Jackson.

Jackson said there was time where she did fill the stress that came with being the sole provider of her children's education and at one time put her two oldest children back into public school.

"My daughter did not like it and she asked to go back to being home schooled and I did not like the changes I saw in my son's behavior, I noticed he was slowly becoming a follower and not a leader." said Jackson.

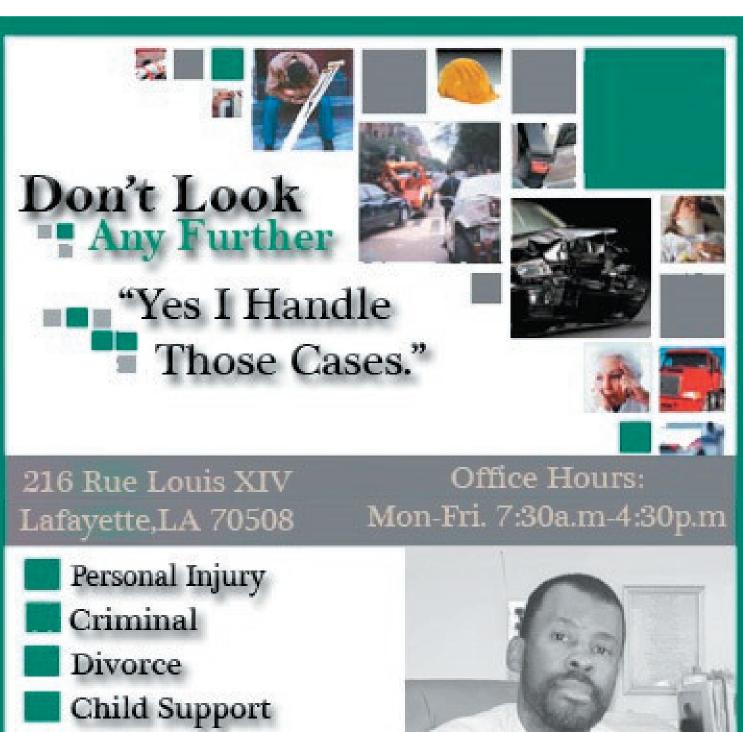
That was the first and last time she placed her children in the traditional classroom setting, she said. Even thought they are no longer in the traditional school setting the Jackson children participate in variety of programs that allow them to socialize with their peers.

According to the National Home Education Research Institute, home school students are regularly engaged in social and educational activities outside their homes and with people other than their nuclear-family members. They are commonly involved in activities such as field trips, scouting, 4-H, political drives, church ministry, sports teams, and community volunteer work.

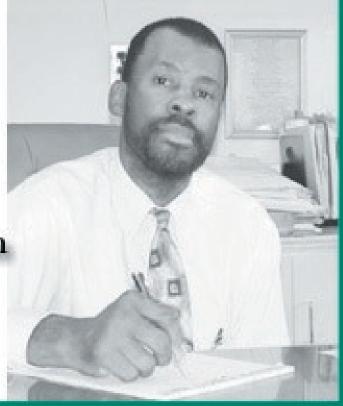
"Now there are so many tools available. For example, I am not the best math teacher so my oldest children attend their math classes online through a program called Virtual Home school. It helps ensure they are meeting state standards" said Jackson.

Families engaged in home-based education are not dependent on public, tax-funded resources for their children's education. The finances associated with their home schooling likely estimate over \$16 billion that American taxpayers do not have to spend since these children are not in public schools

Jackson said that her family has had to make some financial sacrifices because since she is home schooling her children full time her family depends on the income of her husband. Jackson said that she believes anything worth having is worth working for and if *cont. pg 12*



- Bankruptcy
- Workers Compensation
- Military Law
- Offshore Injury
- Social Security





Woman, Thou Art Loosed 2012!

WTAL 2012 will be held in Atlanta at the Philips Arena! Don't miss this opportunity to celebrate with other women from around the globe. If you're a woman who has overcome any obstacle or you're looking to transform your life, then Woman Thou Art Loosed is for you! Join Bishop Jakes, First Lady Serita Jakes and other phenomenal speakers for spirit-filled worship as women throughout the world unite to honor God and pay tribute to one another during this prophetic time. Please visit www.wtal.org for more information. We look forward to seeing you there! WTAL is SOLD OUT, Registration is Now Closed! Join us online October 4th for All-Access Live Streaming at www.wtal.org Don't miss a moment!



TIPS FOR TRAVELING TO ATLANTA FOR WOMAN THOU ARE LOOSE

Traffic in Atlanta is busy;

- 1. You may want to take the MARTA transportation
- 2. Wear comfortable shoes, you have to park far, stay hydrated.
- 3.Keep Safety on mind, travel with buddy if possible
- 4. Plan your day, give your self time
- 5. Eat a good breakfast
- 6. Here for some time: Visit some of local hot spots: Gladys Chicken & Waffle, This is It Bar-b-Que, The Black Maddonne Bookstore, Moorehouse, Spellman & Clark University and some of the Mega Churches. Enjoy and Be Bless!!!

FAITH & SOUL NEWS MAGAZINE COOKIN' TO PLEASE

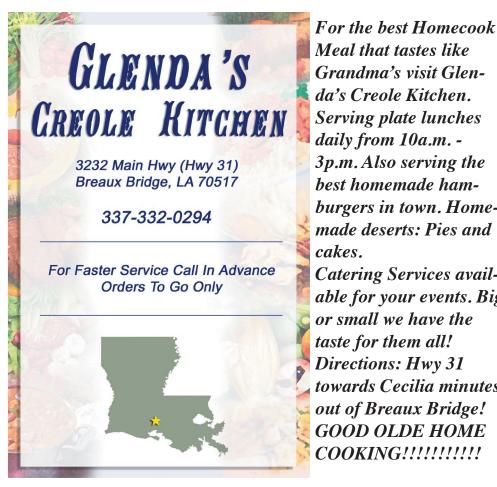
Send us Your Gumbo Recipes

The weather is getting cooler in the mornings and the evenings. This is a sign to get those Gumbo Pots ready. We will share recipe for Gumbo in our next issue from our readers. To submit your Gumbo recipe e-mail us: faithandsoulmag@yahoo.com or fax us: 770-461-9378 or mail: P.O. Box 1445 Fayetteville, Georgia. Should you recipe get picked you will win a Faith & Soul Apron, Bottle of Seasonings and \$50.00 cash.

Quick and Healthy Meal

Tilapia (1 per serving per person) Fresh Broccoli Fresh Sweet Potatoes' Water or unsweetened drink

Lightly seasoned your fish, use less salt, bake Tilapia or grilled. You can steamed the broccoli in the rice cooker and bake the sweet potatoes in your oven with your fish. You can set the timer and while food is cooking you can help kids with their home at the kitchen table or while you take a quick shower. We need to do our part and eat healthy. The bake sweet potatoes can be also a desert as well as a vegetable.



Meal that tastes like Grandma's visit Glenda's Creole Kitchen. Serving plate lunches daily from 10a.m. -3p.m. Also serving the best homemade hamburgers in town. Homemade deserts: Pies and cakes. Catering Services available for your events. Big or small we have the taste for them all! Directions: Hwy 31 towards Cecilia minutes out of Breaux Bridge! **GOOD OLDE HOME**



Louisiana Democrats are

'Fired Up and Ready to Go'

After Inspiring DNC Convention

CSPAN SHOT AND SUBMITTED PHOTO

Louisiana's delegates to the Democratic National Convention in Charlotte are back in the state, fired up and ready to go to work for the re-election of President Barack Obama and Vice President Joe Biden.

"The 2012 Democratic Convention was a spectacular success that will pave the way for the re-election of President Barack Obama and Vice President Joe Biden. From the opening gavel on Tuesday night through the acceptance speeches on Thursday night, the energy level at this convention was powerful and just kept growing.

"When you looked at our delegation and across the convention hall, you saw America because all of us were represented there. It was a convention of inclusion that defines the very best of what the Democratic Party is about.

"We did not just go to Charlotte to party, though. On Monday night, we held a benefit fundraiser in our event tent to raise money to support the Hurricane Isaac recovery effort. Our delegation and guests raised \$3,000 for local and regional charities that are actively engaged in Hurricane Isaac recovery efforts. MORE INFO GO TO:





HEALTH TIPS FOR WOMEN

It is known Women usually take care everybody but themselves. Faith & Soul News Magazine wants to encourage everyone to join us in our weight loss program. I have joined a gym and started changing my eating habits.

- 1. Get a physical yearly
- 2. Reduce stress
- 3. Find relax time
- 4. Get a hobby
- 5. Take time to have me time
- 6. Change your eating habits and drink lots of water
- 7. Get more rest
- 8. Know your numbers, Blood Pressure, Cholesterol, Blood Sugar, Weight
- 9. When diagnose with disease Know that Jesus is the Healer
- 10. Pray No Weapon form against my body shall prosper



First Annual Reading Jubilee Parade in the Village of Maurice

Line up from 11a-1p in the Maurice Park on Sunday, September 16, 2012

We are looking forward to hearing story tellers and the children Gospel choir.

We are challenging the first 100 kids who collect signatures from all the vendors will be given a free T-shirt in their Goodie bag. We will also give free books to everyone!

Parade Registration packets can be picked up at St. Joseph/St. Alphonsus church starting Aug. 31

For more info, contact: Esther R. Duffy - Chairperson-337.873.0302 or 337.257.8989

CHOOSING TO HOME SCHOOL

Cont. from page 6

for their children's education. The finances associated with their home schooling likely estimate over \$16 billion that American taxpayers do not have to spend since these children are not in public schools

Jackson said that her family has had to make some financial sacrifices because since she is home schooling her children full time her family depends on the income of her husband. Jackson said that she believes anything worth having is worth working for and if you really want to do something what you have to get it done.

In 1989 Joyce and Eric Burges attended a meeting their oldest sons guidance counselor that would change the way change her family's life.

"My son was attending a magnet school where in order to attend that school students were required to maintain a 2.8 average," said Burges.

Joyce said their son's guidance counselor explained to her and her husband that their son's g.p.a. had fallen slightly below that and that he should either be held back a grade or withdrawn from the school. After being told this news Joyce says they were ushered out of the office because the counselor reminded them she had other to students to take care of as well.

"My husband and I were upset and very unhappy with options we had available to educate our son" said Burges.

Burges said during this time she reflected on time she went to church and met a member who had four very well behaved young boys.

"I had not seen children who were so well behaved and I asked her were her children went to school and she told me that she home schooled them herself," said Burges.

Burges said that it was after that conversation with the woman she decided that she would home school our her son and the rest of their children.

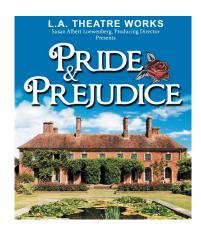
Today the Burges have five children their oldest son is 36 and their youngest daughter just graduated high school at age 17. Joyce has been home schooling her children for over 23 years.

"When I first started home schooling my children I saw them taking imitative in their studies and more importantly taking ownership in their education" said Burges

Not only did the Burges Home school their children but they started the National Black Home Educators in 2000. The organization serves African Americans all over the United States, Africa and Canada who home school their children and provides them any help or encouragement they need.

"I had gone to so many conferences and met so many people but, what I noticed was that there was nothing out there for African Americans and I knew that I was not the only one doing this" said Burges.

Sometimes there are parents who want to place their child in the home school environment, but may not have the time or skills to teach their children full time. For parents with time constraints home school programs like the Kamali African-American Home School Co-op in New Orleans have



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Performing Arts Society of Acadiana

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Atlanta, GA (BlackNews.com) -- Beauty Supply Institute has partnered with Herzing University Atlanta campus on a 9-Month program to help entrepreneurs own beauty supply stores.

In 2007, Beauty Supply Institute started offering online training to aspiring beauty supply store owners. In 2010 the company started holding one day classes at each of their two annual conferences.

In February 2013, the company will begin classroom training for a new 9-month program geared towards store ownership. The program will consist of 6 months of classes and 3 months of practicum. For the first 6 months, students will move through the program as a cohort and will receive specialize training to develop their individual store concept and the final 3 months will consist of location selection, business plan development, funding acquisition and more.

Herzing University Campus president Frank Webster said, "Programs like these are what today's new age entrepreneurs need... something that goes beyond just theory. We are excited to be partners in this endeavor." Registration is currently open and only available to a limited number of students. Tuition assistance is available and approved to 100% of program registrants.

CHOOSING TO HOME SCHOOL

Cont. from page 12

gained popularity.

"If our education is not teaching us, as Black people, how to solve our own problems then were being miseducated," said Samori Camara, director of the Kamali Academy in New Orleans.

Camara said the way the program works is people who have different skills come together with other home schooling parents and teach children.

"This type of program gives parents who home school a chance work with each other and help one another in areas where they feel they might not be strong as teachers" said Camara

One thing that makes the Kamali institute unique is that is that the Kamali institute uses African Centered teaching in all subject areas.

"At Kamaili we know that every student attends with a purpose and our purpose as educators is to help them find their purpose," said Camara

Camara said Many parents choose us because they public school systems and private schools are not teaching our children they way should be taught. Not only from an educational standpoint, but a social one as well.

Camara said We just don't teach black history it is deeper than that. When teach our children about Marcus Garvey, who they are not learning about in the traditional classroom, we apply to all aspects of education. Of course we talk about his life but we will talk about his contributions to mathematics or discuss him from an economical point of view in a history class.

Camara said many parents take their child out the traditional classroom setting because some they do not like what their children are learning outside of it. One big thing that children learn sometimes is the importance of material items. If a child goes into a classroom the with newest tennis shoes then most likely a the children in the class are going to home and tell their parents to get them the same shoes and the focus is taken of the educational instruction.

There is no charge to be a part of the Kamali academy according to Dr. Camara anyone interested in joining will be required to meet with Kamali teacher and discuss how they can benefit Kamali and how Kamali can benefit them.

Camara said Every parent who participates in the program teaches or contributes something similar to that of a bartering system, but if their a parents who just want their child to receive a Kamali education they must pay a tuition.

In a study performed by the NEHRI home education is expected to increases between 2-8% each year ,like it has in the past , and will continue to increase especially among minorities.

"When I decided to home school my children I knew it wasn't about me the process was about my children. I had to use my energy to do what was bet for them. I knew that if couldn't teach my children I could love and support them and that's what most of the children who are failing in school need," said Burges. (F&S)



What:	Lafayette Oil & Gas Career Fair
When:	lam to 3 n m
Where:	The CAJUNDOME Convention Center, □ Festival Ballroom - 2nd Floor□ 444 Cajundome Blvd., Lafavette, LA 70506 view map
Admission Cost:	

- Albemarle Corporation
- Brunel Energy
- CAD Control Systems, Inc.
- Cameron
- Chevron Upstream & Gas
- Diamond Offshore
- Empirica
- Forum Energy Technologies
- Green Field Energy Services, Inc.
- Hercules Offshore
- Island Operating Co., Inc
 - Mississippi Power Company
 - National Oilwell Varco
 - Schlumberger
 - Shamrock Management
 - Superior Energy Services
 - URS Flint
 - Well Control School
 - Wood Group PSN
 - *More companies are expected to be added

LET'S HEAR IT FOR THE BOYS, FAITH & SOUL SUPPORTS ULL FOOTBALL. YOU SHOULD TOO.......







Sports In A Women's Words.....

The WNBA Season isn't over yet, please support the Ladies.

Congratulations to Serena Williams for winning the U. S. open.

Ladies, football is here and we will go with the old saying, if you can't beat them join them. Well we will have the men watch the games with the boys. But we will also enjoy the games with the girls.

All is well with the Saints Bounty players, hope they can move on; as we can see on Sunday the Saints need them. We are proud of ULL Football

Get ready for some football. Email us about your favorite teams. faithandsoulmag@yahoo.com

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Financial Tips For Women

Girl, let's get your money straight. We fall down but we get up. These are some quick tips for Women. There are some many things that can change your financial situations. The good thing is we can start from where we are and move on. Learn from the past mistakes and make changes immediately. God will trust with little to bless you with a huge financial Blessing.

- 1.Pay yourself first. Make small investments.
- 2. Join company retirement investment
- 3.Self-employed set up IRA account
- 4.Don't be afraid to tell the kids no.
- 5. Tell family you can't loan them the money.
- 6.Don't lend the money you can't afford to give.
- 7. Stay on your budget.
- 8. Make a financial goal and strive to reach it.
- 9. Have emergency cash on hand.
- 10. Always have MAD Money 11. Prepare and plan for financial Disasters: Death of a spouse, Divorce, Disability, Sickness and Unemployment.

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From David's Desk: August Roundup Monthly highlights from Senator Vitter

Louisiana's resiliency has been in full effect again as Hurricane Isaac wreaks havoc on much of south Louisiana and moves north.

I've been side by side with the Corps of Engineers all week making preparations, monitoring Isaac and assessing damages. One thing has been clear throughout: local, state and federal officials have been well prepared. There is a lot of work ahead, weathering the rest of the storm and beginning repairs. But I'm confident Louisiana's resilience will help us get through this.

Please continue reading below to learn more about how I've worked with the Corps during Hurricane Isaac and additional updates from Washington earlier this month. Sincerely,

David Vitter United States Senator

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Psalm 1 vs. 1 & 2

- 1.Bless is the man that walketh not in the counsel of the ungodly, nor standeth in the way of the sinners, nor sitteth in the seat of the scornful.
- 2. But his delight is in the law of the Lord; and his law doth he meditate day and night

Senator Mary Landrieu and Our Beloved Former State Senator Donald Cravins, Jr. brings a Google workshop to the LITE Center in Lafayette, Louisiana (Special thanks to Ms. Brenda Andrus for covering this event)





Sen. Landrieu and our Beloved Donald Cravins, Jr. at Google workshop in LITE Center By: Brenda Andrus and Edited by Melissa Tyler

Sen. Mary Landrieu, Chair of the United States Committee on Small Business and Entrepreneurship, along with Lafayette City-Parish President Joey Durel and LUS Director Terry Huval, ntroduced the "Louisiana Get Your Business Online" seminar at the LITE Center in Lafayette on August 24.

Google held its "Get Your Business Online" event in the city following Landrieu's May 23 letter to Eric Schmidt, Chairman Google Inc., asking Google to consider hosting the workshop.

She cited in her missive, 'The City of Lafayette is an ideal location for Google to hold its next "Get Your Business Online" workshop. Aside from its rich Cajun culture, food and entertainment, Lafayette is building a reputation as a technology hub because of its entrepreneurial spirit and high-speed internet connectivity.'

The workshop was intended to aid locally owned and operated businesses with getting online to market their products and services.

Brian Fitzpatrick, Google Engineer Manager, of Chicago, raised in 9th Ward New Orleans, introduced Landrieu to attendees. She thanked former Gov. Kathleen Blanco who allocated state funds to build the LITE Center.

"You have to spend money to make money," she said.

Landrieu stated the committee believes in Louisiana and in its government sector.

"We do what we can as a public leader to make sure the federal government helps us succeed," she said.

Asked how small business can be seen in the vast internet world, "Get a website, search, put information needed, put your location, add a map and what you're selling or your product," replied Fitzpatrick.

He said he is sure there will be more than one class in Louisiana similar to the workshop.

Landrieu laughed as she stated that Durel being a republican and she a democrat had nothing to do with the event.

"It's about working together," she commented. (F&S)

J.K.L. HEALTHCARE SERVICES DR. KIMBERLY R. SMITH



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